

# BURLINGTON HIGH SCHOOL

52 Institute Road  
Burlington, VT 05408  
[www.bhs.bsdt.org](http://www.bhs.bsdt.org)

Tracy Racicot, Principal  
[tracicot@bsdt.org](mailto:tracicot@bsdt.org)  
Cristel Byrne, Main Office  
[cbyrne@bsdt.org](mailto:cbyrne@bsdt.org)



Upcoming Dates at BHS  
Saturday 11/4 D1 Boys and Girls  
Soccer Championship Games  
Monday 11/6 BHS Boosters meeting  
7:00 pm in BHS Library  
Wednesday 11/7 Indoor Track  
organizational meeting 3:15pm  
Thursday 11/8 Nordic Ski parents pre-  
season meeting 7pm  
Thursday—Saturday 11/16—11/18  
BHS Musical in BHS Auditorium

## CONGRATULATIONS BHS SCHOLARS BOWL TEAM !

The BHS Scholars' Bowl team participated in the GHOST Halloween tournament in Hanover on Saturday and helped Vermont defeat New Hampshire in the annual Twin State competition.

The Burlington A team of Mary Markley, Delia McConnell, Audrey Nichols and Ruby Smith completed the round robin competition with a 9-1 record, the second-best mark among the tournament's 16 varsity teams. That helped Vermont earn its second straight victory in the states competition, which awards points for a costume contest and all-star games as well as tournament results.

Isidora Bailly-Hall, Isa Bloch, Bella Farkas, Anna Hallady, Isaac Jenemann, Vilena Lee and Elliott Montroll also participated as BHS entered three teams in the tournament.

The Scholars' Bowl team will next be in action on November 10th, when it plays host Chittenden Regional at BHS.

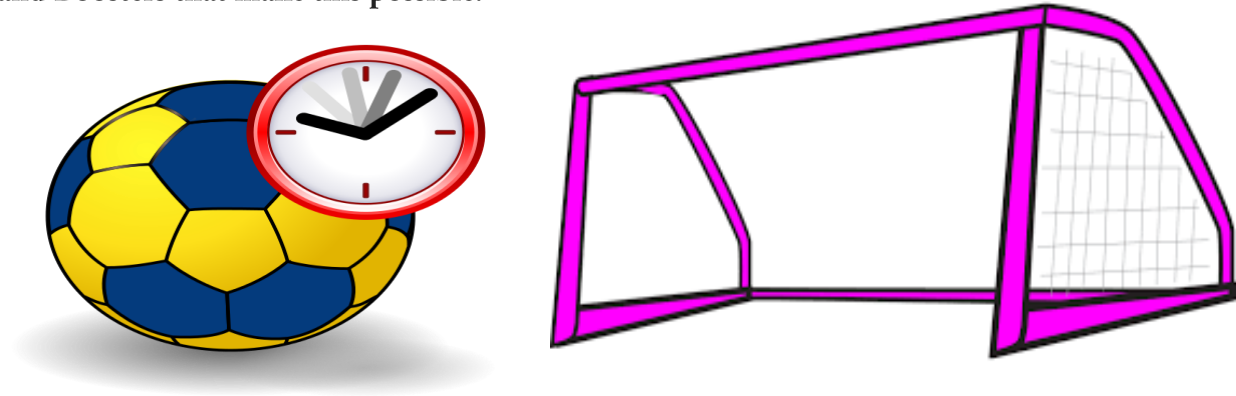


## **BHS IS HOSTING THE D1 BOYS AND GIRLS CHAMPIONSHIP SOCCER GAMES NOVEMBER 4TH**

The boys and girls D1 Championship Soccer Games will both be hosted at BHS this weekend, on Saturday November 4th. The D1 Boys Championship Soccer Game is at 10:00 am, and the D1 Girls Championship Soccer Game is at 1:00 pm

- Teams take the field for pre-game at 9:00 am and 12:00 pm
- VPA Admission Gate opens at 9:00 am. (Ticket takers arrive at 8:45 am)
- \$8 Adult/\$5 Student and senior (1 ticket good for both games) No Season passes!
- Re-entry allowed only with stamp on hand
- Parking (BBB) arrive for 9:00
- Championship T-Shirt sales (BBB) 9:15 available to sell \$17/shirt
- Concessions should open approximately 9:15 am

It is an honor that we continue to host this event. Thanks to this community of event staff and Boosters that make this possible!



## **LADY SEAHORSES—RUNNING STRONG!**

October 14th our Varsity Girls finished 1st place at the highly competitive 36th annual Burnt Hills invitational in Saratoga Springs NY. They competed in the Division III field which was most competitive field of the day. The race had 147 runners compete. The famous course is in Saratoga Spa State Park and is roughly just over 3 miles but shy of a 5K.

Our Lady Seahorses were lead by Freshman Quincy Massey-Bierman who placed 7th overall with a time of 18:43. 10th grader Isabelle Vivanco placed 11th overall with a time of 18:49. 10th grader Emma Barker placed 15th overall with a time of 19:01. 11th grader Charlotte Khamnei placed 20th overall with a time of 19:13. 12th grader Alida Beste placed 35th overall with a time of 19:49. 11th grader Nora Higgins placed 62nd overall with a time of 20:26. Rounding out our Lady Seahorses top 7 runners on the day was 10th grader Zoe Cudney with a time of 20:46. Way to go Ladies!!

## **GUIDANCE STAFF OF THE WEEK BRITTANY LANGEVIN**

Hello, my name is Brittany Langevin and I am the new registrar in the guidance office. I recently earned my Bachelor degree from Pennsylvania State University in Business Management and Marketing. Prior to working at Burlington High School, I worked for Christ the King School in Burlington as a substitute teacher and office assistant. I also worked as Store Manager at David's Bridal during my junior year of college and was a data entry intern for VermontWeddings.com. My responsibilities have included: data entry, customer accounts, supervising, office managing, and more.

At Burlington with the help of Cheryl Niedzwiecki we have started the DECA team. This is an entrepreneurial group for students that allows them to get real world experience, boost college resumes, travel and so much more. I am super excited for this group and I look forward to seeing where it goes in the future.

In my free time I enjoy being with my family and wedding planning. Through my work experience I have met several great people and I look forward to using connections and wedding planning skills to create some really exciting events at the school.

This year I am excited to meet all the students and be a support for them through applying for college and any other supports that they may need.





## **BTC PRESCHOOL OPENINGS**

Our 5 star NAEYC accredited program has openings for children 3-5 years old. The preschool program is run on Monday, Wednesday and Friday from 9:45-1:45 (funds available through Act 166 if you live in the Burlington area). Your child will learn valuable skills to help prepare them for kindergarten. At the end of the school year, your child will receive a portfolio of their growth to take home! Please call Jenn at 864-8426 at extension 12115 for more information!



## **GET SOME “ALL ARE WELCOME” SWAG!**

All are Welcome t-shirts, car magnets, stickers and pins are available through the International club. Proceeds to support the BHS International Club. Questions Email [sblethen@bsdvt.org](mailto:sblethen@bsdvt.org).



## **CONGRATULATIONS BOYS AND GIRLS CROSS COUNTRY TEAMS !**

Both the Boys and Girls Cross Country teams finished 2nd in the state Cross Country meet over the weekend. The boys improved on a 3rd place finish from 2016. They were/are among the best teams in the state of Vermont this season.! Going into states they were considered a slight underdog against Essex, and all gave it everything they had over the race. They finished 2nd by only 6 points. Two of the top 7 runners will be graduating.

The girls improved from a 6th place finish in 2016 to 2nd this year. They nearly upset the heavily favored CVU and only lost by 3 points. They all set course PR's and left it all out on the course. They also will be graduating only two seniors from the states team. Overall an incredible season for both the boys and girls programs.



## SCHOOL BASED HEALTH CENTER

On Monday and Friday mornings the School Based Health Center provides primary health services as well as facilitates mental health services. Center staff members take special care not to disrupt the existing relationships between students, families and their primary care providers. The services are provided without copay and insurance will be billed. Please bring in a completed registration form, which is included in the last 2 pages of this newsletter, to the school nurses to take advantage of the convenience of the SBHC. A one time sign up is all that is needed for your years at BHS.



## SENIOR PORTRAIT INFORMATION

### OREAD Senior Portraits

#### DUE DATE

Class of 2018 Senior portraits are due by Friday, December 1, 2017.

#### STYLE

It is up to the senior how they "wished to be remembered" (so long as it is not offensive to others). However, the typical photograph is a 2/3 headshot. Portraits may be color or black/white.

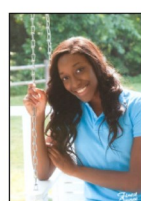
#### FORMAT

We prefer high resolution digital format (minimum resolution of 300).

#### SUBMITTING PHOTOS

Please label the file as the student wishes their name to appear in the book (Smith, Joe P.jpg). Senior Portraits can be email to Mrs. Skoglund at [cskoglund@bsdvt.org](mailto:cskoglund@bsdvt.org) -or- dropped off in the BHS Main Office -or- mailed to:

Colby Skoglund, OREAD Advisor  
c/o BHS  
52 Institute Road  
Burlington, VT 05408



## PLEASE DONATE TEA AND HONEY

Do you have herbal tea at home that you would like to donate to the BHS Health Office? Maybe a flavor you think it's unlikely you will use? We are looking for donations of herbal tea and honey for students suffering with coughs and colds. The simple, soothing, remedy of tea and honey to alleviate cough and cold symptoms can work wonders. In the Health Office we nurses do our best to provide tea and honey to students and this means reaching out into the community for donations. City Market has been a generous donor to us in the past but to get through the winter season we are looking to build up our supplies. Thank you so much for any donations you can make!

-The BHS School Nurses



BHS Drama Club and Music Dept. present

# The Drowsy Chaperone

A MUSICAL WITHIN A COMEDY.

Music and Lyrics by  
*Lisa Lambert and Greg Morrison*

Book by  
*Bob Martin and Don McKellar*

November 16, 17, 18, 2017 curtain at 7:00pm  
in the Burlington High School Auditorium

Cost: \$5 for students and senior citizens \$10 for adults

The Drowsy Chaperone is presented by special arrangement with Musical Theatre International  
423 West 55th Street, Second Floor, New York, NY 10019 (212) 541-4684



## FLEXIBLE PATHWAYS

Gretchen Muller, BHS Science teacher and Year End Studies co-coordinator earned a Rowland fellowship grant for the 2017-2018 school year. This grant provides Gretchen the opportunity to be on sabbatical to research how Burlington High School can create more flexible learning opportunities for students based on the guidelines in Act 77. Flexible learning pathways will allow students to engage in meaningful and student-centered learning such as, but not limited to, community service learning projects, internships, research projects with community members, work-based learning, job shadows, dual enrollment and independent studies.

As Gretchen conducts her research this year, she has been able to set up various learning opportunities for students. Last week, several students from Colby Skoglund's design and engineering classes had the opportunity to participate in Manufacturing Day at GlobalFoundries in Essex. Students toured the facility, met and learned from chemical, mechanical, and environmental engineers, and engaged in design challenges developed by GlobalFoundries. Students were exposed to various relevant and real-world applications of engineering, math, science, critical thinking, and problem solving throughout the day.



In addition, students from Brennan Carney and Tom Obaggy's government and public affair classes, were able to participate in a Q & A session with a panel of experts that included Chief US Bankruptcy Judge for Vermont- Colleen Brown, Field Representative for Senator Leahy- Kate Ash, Assistant US Attorney for Vermont-Jon Ophardt, and Assistant Federal Defender-David McColgin. Students were able to apply their knowledge of key civil court cases as well as their knowledge of laws and government to ask fantastic questions.



## **THE ANNUAL ROWLAND CONFERENCE**

Congratulations to students from the International Club and their All Are Welcome initiative. Students were asked to develop a video that represents what 'All Are Welcome' means. Their video was selected by the Rowland Foundation and highlighted at the annual conference last week. The theme of the conference was "Schools as Laboratories for Social Change: Regenerating Empathy at the Heart of Education" with keynote speaker, Ruha Benjamin.



## **TICKETS NOW ON SALE FOR THE DROWSY CHAPERONE!**

The Drama Club and Musical Department's Fall Musical is always a highlight of BHS's year! Tickets are now on sale for the show!!!! Come and support the Arts in our School!

A silly, slapstick & very funny musical, The Drowsy Chaperone, comes to BHS with three performances, November 16 through November 18, 2017.

Thursday, November 16: House opens at 6:30 pm, curtain at 7:00 pm

Friday, November 17: House opens at 6:30 pm, curtain at 7:00 pm

Saturday, November 18: House opens at 6:30 pm, curtain at 7:00 pm.

A cast and crew of over 50 talented BHS students will kick up their heels, sing and dance with energy and style. You won't want to miss this!

General Admission ticket prices for The Drowsy Chaperone are \$5.00 for students & senior citizens/ \$10.00 for adults. Best Seats in the House, with early choice of seating and a special Drowsy goody bag are \$25.00.

Tickets can be purchased during lunch period or any other time from any cast member or at the BHS Main Office during school hours, or by texting to [BHSVTDrama@gmail.com](mailto:BHSVTDrama@gmail.com) and finally, at the door prior to each performance.





## Meet Betsy McLane!

**Position:** BTC Health Sciences Academy Teacher

**Fun fact:** I dove with great white sharks in South Africa

**Schools attended:** University of Vermont

**Interests:** golf, skiing, raising my chickens

**Favorite quote:** "Aren't you going to iron that?" my mom

**Influences/mentors:** My parents, husband, kids, Mr. Pelak - my sophomore biology teacher



## Meet Mariu Govea!

**Position:** Burlington High School World Languages Teacher (French and Spanish)

**Fun fact:** I have published two Spanish Poetry books

**Schools attended:** East Stroudsburg University & Villanova University

**Interests:** reading, writing, walking, music

**Favorite quote:** "If you don't do it, nobody else will ever do it"

**Influences/mentors:** My parents, my husband, my kids and grandkids, my French Teacher and my best friend and writer

**Anything ELSE you would like to share:** I'm making a granny crochet blanket for my granddaughter for Christmas!!

## Burlington High School School-Based Health Center

Complete to participate in the School-Based Health Center. **Please return this completed form to the BHS Health Office.** This form is valid while your student is attending Burlington High School.

**Registration Information** All information is confidential.

Name of parent/guardian \_\_\_\_\_

Mailing address: \_\_\_\_\_

Primary phone number: \_\_\_\_\_ Secondary phone number: \_\_\_\_\_

Emergency contact name: \_\_\_\_\_ Telephone number: \_\_\_\_\_

<b>Student's name</b>			
<b>Date of birth</b>			
<b>Gender</b>			
<b>Race/Ethnicity</b> <i>Optional: Needed by Community Health Center for it's funding.</i>			
<b>Ethnicity</b> 1. Is this student Hispanic or Latino? (choose only one)	___ YES ___ NO	___ YES ___ NO	___ YES ___ NO
<b>Race</b> 2. What is the student's race (check all that apply)	___ American Indian/ Alaskan Native ___ Asian ___ Black/African-American ___ White ___ Native Hawaiian/ Pacific Islander	___ American Indian/ Alaskan Native ___ Asian ___ Black/African-American ___ White ___ Native Hawaiian/ Pacific Islander	___ American Indian/ Alaskan Native ___ Asian ___ Black/African-American ___ White ___ Native Hawaiian/ Pacific Islander
<b>Medical information:</b> Please indicate yes or no and provide as much detail as possible.			
Allergies, if yes to what?			
Asthma			
Seizure or other disorder			
Other medical issues			

Name of primary care provider \_\_\_\_\_ Office \_\_\_\_\_

Date of last physical \_\_\_\_\_

Name of insurer (check one) Please attach a copy of the insurance card.

Medicaid \_\_\_\_\_ Dr. Dynosaur \_\_\_\_\_ Blue Cross-Blue Shield of Vermont \_\_\_\_\_

Cigna \_\_\_\_\_ MVP \_\_\_\_\_ None \_\_\_\_\_ Other \_\_\_\_\_

Insurance policy number \_\_\_\_\_

### Income Information

(Optional. Community Health Center needs this income information for future funding requirements)

Annual household income \_\_\_\_\_ Family size \_\_\_\_\_

I \_\_\_\_\_ (name here) have read the above material and understand its meaning. My signature below is an acknowledgement that I have reviewed this form, understand the information and consent to all of the actions described. My signature also attests to the accuracy of the information provided on both sides of this form.

Parent/Guardian Signature \_\_\_\_\_

Date \_\_\_\_\_

**School-Based Health Centers:** Must complete before participating in a School-Based Health Center. Information release, consent to treatment and payment assignment form.



I understand that I am providing this consent for the purposes of obtaining professional primary health care and behavioral health care services for my student and to assign any payments for these services to which I might be entitled to the "Service Organizations" involved in the School Based Health Center(s). I further understand this consent covers only services provided at the schools and does not cover services provided through Center referrals.

**Acknowledgment of Release of Information:** The School-Based Health Centers work with a team of Service Organizations from local health care and social agencies to assist your students. To allow the team to work together effectively, we ask parents to authorize School Based Health Center staff, the individual Service Organizations and their supervisors to share information only when necessary.

**PLEASE CHECK BOXES:** I authorize these Center staff, appropriate School District personnel, and the individual Service Organizations to discuss appropriate information pertaining to my student only when needed:

- ☐ Burlington School District social workers, school health personnel, counselors and principal.
- ☐ The Howard Center for Human Services.
- ☐ Community Health Center of Burlington OR Fletcher Allen Health Care - University Pediatrics.

(By not checking one of these I understand I am limiting the services available to my student)

**PLEASE CHECK only one BOX:** I authorize the Service Provider at the Center to see my student

- ☐ Whenever the student needs medical, behavioral or dental care.
- ☐ Only when I have given specific oral or written permission (except in the case of a medical, behavioral or dental emergency)
- ☐ Only when I am present (except in the case of a medical, behavioral or dental emergency)

**PLEASE CHECK BOX**

- ☐ I authorize the Centers and Service Organizations to communicate with my student's primary care provider.

### ***Assignment of Benefits***

I hereby assign to the Service Organizations any and all payments to which I am entitled under Medicaid or any health insurance policy for health care, dental and behavioral health care services rendered to my student by any Service Organizations as long as the charges for services by the Service Organizations do not exceed the Service Organization's regular charges. I further authorize each Service Organization to bill and receive payment directly from my insurance carrier(s) for those services that the Service Organization delivered and for which I may be entitled to insurance coverage. I also authorize the Service Organizations to give Medicaid or my health insurance carrier(s) information necessary for billing for such periods of time as my student has received or are receiving primary health, behavioral or dental health care services until such time as my student is discharged from care.

I understand the Service Organizations will protect the privacy of my student's health and educational records to the extent required by federal and state law. I understand that I may revoke this authorization at any time (except to the extent that a Service Organization has already taken action based upon my prior consent) if I make a written statement revoking the authorization and deliver it to the Burlington School District, Grant Programs, 150 Colchester Avenue, Burlington, VT 05401.

I acknowledge receipt of a Notice of Privacy Practices from the Community Health Center of Burlington Inc., from Fletcher Allen Health Care and from the Howard Center for Human Services Inc.

I understand that as a condition of this authorization, if the School-Based Health Center or any of the Service Organizations judge my student to be a serious danger to him/herself or others, then the School-Based Health Center and/or the Service Organizations reserve the right to inform a physician, others who may be at risk, designated emergency contacts and appropriate emergency services. I further agree that I will promptly inform the School-Based Health staff in writing of 1) any change in my student's physical, behavioral or dental health; and 2) any change in the custody or guardianship of my student that affects my ability to provide this Consent on behalf of my student.