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COURSE DESCRIPTION BOOKLET and POLICIES

Adapted for EL Level 1 and Level 2 Students

Burlington High School Year End Studies (YES) Session

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2019

May 29- June 12, 2019
FULL COURSE DESCRIPTION BOOKLET and POLICIES
Adapted for EL Level 1 and Level 2 Students

Year End Studies (YES) Session

Overview

BHS concludes the second semester of school with the Year End Studies session. As part of the academic school calendar, the YES session offers all students of the BHS community exciting alternatives for learning. These non-traditional courses expand student understanding and inspire new student interests. Intensive, interest-driven opportunities enhance enthusiasm for learning and strengthen relationships within BHS and the Burlington community.

Session Dates

The 2019 YES Session will run from May 29th through June 12th, 2019 Presentation of Learning day (POL day) will take place from 8:05-1:00pm on Wednesday, June 12th, 2019.

Options

Students could opt to participate in:

- two half-day courses (morning/afternoon)
- BTC class and one half-day YES course
- Independent Study for Juniors and Seniors (applications available December 17th/18th)
- one full-day course (9:15-2:15pm)
- travel learning experience (added cost to student)

Registration

Course descriptions will be accessible on the BHS website for students to read prior to registration. An online registration form will be available for all students to complete from **Tues., Dec. 11th through Fri., Dec. 14th**. Students will select their top five choices for full-day classes or select five morning classes and five afternoon classes. Course assignments will be posted the end of March. **There is no add/drop period for YES classes.**

Attendance

All students must attend and participate every day during the YES Session including the Presentation of Learning (POL) day. Reminder: The YES session is an intensive 10-day session and part of the academic school year, please schedule all appointments before the start of YES or in the afternoons after 2:15pm. Please plan family vacations after the last day school Wed., June 12th. **Any absences will be reviewed by the YES Session coordinators and administration to determine if a student will receive YES credit.*

Schedule

8:15-9:15 Credit Recovery
9:30-11:30 Morning Course
11:30-12:15 Lunch
12:15-2:15 Afternoon Course
2:30-3:30 Credit Recovery

Full-Day Courses run
9:30-2:15 and include a
lunch break.

Grading

Credit/No Credit

Graduation Requirement

Successful completion in YES Session for each year at BHS is a graduation requirement. **A special note to seniors:** Seniors who fail to earn YES Session credit will NOT be eligible to attend the graduation ceremony or receive their diploma. The senior must successfully complete a YES Session option for credit recovery (see section below).

Options for Students Who Do Not Earn Credit for the YES Session

Students who fail to earn YES credit, can recover the YES Session credit by successfully completing one of the follow:

- To enroll in a college course through College Connections (grades 10-12)
- Attend an academic camp or institute (prior approval required)

**If a student is not eligible for the above options, a meeting with YES coordinators and administration is required to develop a plan for recovering YES credit.*

Credit Recovery

Credit Recovery is for students who fail a course during the regular school year with an overall average of 53%-59%. Credit for this course is earned pending teacher approval.

BTC Students

Students participating in BTC programs will attend their BTC classes as regularly scheduled AND participate in one YES course. For example, if you take a morning BTC class you will take an afternoon YES course. If a BTC student is interested in a full day course or trip they must have written permission from their BTC instructor to enroll.

Athletics

If a student opts to take an off-campus course, the student must arrange their own transportation back to the school if an early dismissal is required. **VARSITY ATHLETES:** Students choosing to participate in a course with overnights please be aware this could impact your playoff season. Please communicate with your parents and coaches before making your decision.

Questions?

Please contact Colby Skoglund or Gretchen Muller, YES coordinators, if you have questions or concerns about YES Session.

yes@bsdvt.org

2019 Independent Study Guidelines

Independent Study Options

- ½ day YES course and ½ day Independent Study
- ½ day BTC and ½ day Independent Study
- Full-day Independent Study

Eligible Candidates

- are in good academic standing.
- continually demonstrate honest and respectful behavior.
- have a strong and consistent attendance history.

Qualifications

- You must be either a junior or senior.
- You must have previously participated in at least one year of YES.
- You must have successfully earned YES credit in all previous years.

Requirements

- Completed Cover Sheet
- Completed Application (typed)
- Completed Independent Study Planner

Important Dates

December 11-14 – Online YES Course Registration (You must still register.)
Monday, December 17, 2018 @ 3:10pm in A-320 – YES Independent Study Mandatory Meeting Option #1
Tuesday, December 18, 2018 @ 1:00pm in A-320 - YES Independent Study Mandatory Meeting Option #2
Wednesday, December 19, 2018 @ 8:20am in A-320 - YES Independent Study Mandatory Meeting Option #3
Wednesday, January 9, 2019 – Independent Study Application Deadline
Friday, February 22, 2019 – YES Independent Study Decisions Announced

Contact Information

Please direct any questions to:
yes@bsdvt.org

Full Day Class Offerings by Content

Art/Design
Art of Science

Craft
Jewelry Making (for beginners)

Culinary
Cooking and Blogging
The Great Burlington Baking Show

Music/Performing Arts/Dance
Mountain Dulcimer and Junk Band

Outdoor Adventure
Advanced Fishing in Vermont Rivers and Streams
Advanced Lake and Pond Fishing
Farming in Burlington: Growing the Future
Hiking in Vermont

Morning Class Offerings by Content

Art/Design
Art of Science
Beginning Photography
Contemporary Watercolors and Mixed Media
Fun with Paper Mache
Watercolor Painting in the Natural World

Athletic/Health
Run Your First 5K- Half Marathon
Walk a New Path, Gain a New World
Women’s Personal Safety- R.A.D.

Craft
Bead and Jewelry Making
Crochet 101
Knitting

Culinary
Elements of Food
Vegan & Gluten Free Cooking

Culture/Language
China through Movies
K-Life: Korean Culture and Eats
The French Speaking World through Movies

History
American History through Film

Literature/Writing
A Walk in the Woods
Reading for Life
Walk a New Path, Gain a New World

Music/Performing Arts/Dance
African Dance
Learn a New Instrument

Outdoor Adventure
For the Birds
Lifetime Outdoor Games

Afternoon Class Offerings by Content

Art/Design
Art of Science
Contemporary Watercolors and Mixed Media
Fun with Paper Mache

Athletic/Health
Give Blood, Play Rugby
Introduction to Weightlifting
Move and Groove
Restorative Yoga & Intuitive Painting
Swimming for Health, Fitness, and Safety

Craft
Sewing Basics

Culinary
A Culinary Trip Around the World

Culture/Language
China through Movies
Getting to Know Montreal

Film/Media/Technology
Summer at the Drive-In

Music/Performing Art
African Dance
Drums: From Set to Marching

Outdoor Adventure
Rock Climbing Level 1

Full Day Classes Offerings

Advanced Fishing in Vermont Rivers and Streams

12 Students

Students will fish in the following: Winooski River, Colchester Pond, Lake Champlain, Sand Bar, Little Brook, So Hero, No Hero and Richmond. Transportation is by car. Students in this class must have: Own fishing equipment (fishing rod, lures, hooks and live bait) and a valid Fishing License (15-17 years of age) \$8.00 (18 and older) \$25.00. Students must know how to cast a rod as well as basic knot tying. In addition, students must know how to operate a canoe and how to swim. Writing Component: Students will keep a daily writing log. GXs: Critical Thinking and Problem Solving and Personal Development



Advanced Lake and Pond Fishing

12 Students



This course is designed for students who have prior fishing experience and have a clear understanding of how to use lures and live bait to catch different species of fish. Students will use their own spinning, bait casting and fly rods to explore local water bodies. Students must have their own fishing tackle, purchase a fishing license and be competent swimmers. Where appropriate and when available, we will use canoes to access a number of locations. In these situations, students must follow safety guidelines at all times, including wearing a PFD. GXs: Critical Thinking and Problem Solving and Personal Development

Art of Science

8 Students



Students will use drawing and painting to explore the natural world. Different mediums and techniques will be taught and explored by observing natural materials such as rocks, plant and animal specimens, landscapes, and portraits. While being a skilled artist is not required, a desire to create art is. **The full day course is recommended for those who love to draw for long periods of time.** Writing Component: Students will be doing written reflections on the observation and drawing process. All GX's will be addressed in this course.

Cooking and Blogging

14 Students

Food can be a magical thing. It often brings people together, teaches us about other cultures, and nourishes our stomachs and souls. In this course, students will learn to make traditional foods from including bread, paella(Spain), migas(Spain), lentejas(Spain), pizza(USA/Italy), potajes(stews), alubias(bean), tortilla Española. Weather permitting will cook outdoors using a fire ring and a wood-fired oven. Not only will students learn to make these foods together and eat together, but we will also blog about the experience and share the results with our peers at BHS. Students will write the recipes, introduce the cultural or historical importance of the foods, and explore photography and video production to bring their blogs to life. GX's: Cultural Understanding & Civic Engagement, Curiosity & Creativity, and Effective Communication



Farming in Burlington: Growing the Future

18 Students



Burlington, Vermont hosts a thriving and growing farm and garden culture. If you are interested in exploring and learning about local farms and gardens, getting involved in planting, tending, and harvesting local produce, and helping the Burlington localvore movement, this is a down and dirty opportunity to experience professional farming and gardening. Please be advised that walking, weather, weeds, and wacky insects will all be a part of the experience. However, you will also meet wonderful people who care about the land and their community and are determined to bring the two together in harmony. The future of local, sustainable agriculture has already taken root and the growth is strong and healthy- see for yourself what it's all about. Writing Connection: We will journal on a daily basis and use these journals to support the final presentation. GXs: Cross-Cultural Understanding and Civic Engagement and Personal Development

Hiking in Vermont

30 Students

A variety of hikes will be completed throughout the class. Introductory hikes include walks on the bike path, through Ethan Allen Park and into the Intervale. We will progress to more rigorous hikes on Camel's Hump and finish with a hike up the highest mountain in Vermont, Mt. Mansfield. These ending hikes can be very difficult and we ask that you are in a condition to complete 4 hours of hiking up a mountain. In this class we will learn about the proper preparation necessary for day long hikes, study topography and learn the benefits that hiking has on the cardiovascular and respiratory systems. We will also learn specifically about each place we visit particularly the plants and animals of the region. You should be in relatively good shape in order to enjoy long hikes, like being outside and have an open mind for any destination our feet may take us. Writing Connection: Students will describe (through writing) the characteristics that distinguish between the various flora identified. Students will describe how hiking improves the cardiovascular and respiratory systems. GXs: Critical Thinking and Problem Solving, Personal Development, and Curiosity and Creativity



Jewelry Making (for beginners)

18 Students



Learn to transform metal into wearable art. Do you love to use your hands and creative mind to make things you/others can wear? In this course you will learn how to shape, file, pound, cut, solder(think very fine welding), polish, and other metal fabrication techniques. The course will also teach stone setting (bezeling) techniques. Students will learn how to design and fabricate their own jewelry. Be prepared to use your creative "licence" and have fun. Art has the power to educate and inspire. This class requires the use of fire and sharp tools. Students must work safely both for herself/himself and others. Students must be physically and emotionally capable of working with fire. Absolutely no unsafe action will be allowed. Students who exhibit any unsafe behavior will be asked to leave permanently, no exception. **No repeat students from school year Metals in Arts.** Written component: Students will engage in written self reflection about their creative, technical, and personal growth. Students will explore what it means to be creative and how ideas are developed and expanded upon. Students will specifically address design and the

role of creativity in designing objects of art and jewelry. They will reflect on their personal learning and skill development, and talk about how their designs and creativity were affected by awareness of technique and skill development. Is knowledge a necessary requirement to perform and innovate, and paradoxically does knowledge and experience become a governor to innovative and unencumbered creativity? **GX's:** All GX's will be addressed in this course.

Mountain Dulcimer and Junk Band

16 Students

Playing a string instrument might not be as difficult as you imagine, and neither is building one. In fact, sometimes it takes very little to craft an excellent instrument. In Mountain Dulcimer and Junk Band, we will be building and learning to play, you guessed it, a mountain dulcimer and/or other instruments from junk. You might even build a dulcimer from junk! A mountain dulcimer is a three-to-four stringed, hollow-body instrument that sounds joyful or melancholy and is easy to play once you get the hang of it. You can either go it solo or play with others, as it is a very sweet jam tool. It's even easy to write you own tunes. You can strum it, pluck it, or play it with a glass or metal slide. In order to build the instrument, you will be required to use many different types of tools, from those powered by electricity to those powered by hand. We will be visiting ReSource and ReStore to purchase selected items to either incorporate into our dulcimers or build whole other instruments from the junk we purchase or junk that others throw away. Surprisingly, you can build a great variety of music-makers from junk. In fact, a whole orchestra has been built from trash. One student in Junk Band built a violin--from junk! So if you like music and junk, and want to make some music with junk, this is the class for you. Writing Component: Students will develop a journal in which they chronicle the trials and tribulations of designing, building, then learning to play a musical instrument. GX's: Critical Thinking and Problem Solving and Curiosity and Creativity



The Great Burlington Baking Show

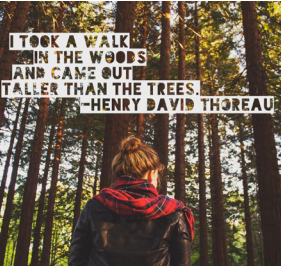
16 Students

Bakers get ready to Bake - Modeled after the Great British Baking Show you will be working together to earn weekly baking points through participation and competition. No worries if you cannot bake and are just learning, can bake a cookie or two, or are a competitive pro baker - this full-day course will be a friendly competition where competitors will get to know each other well, visit local bakeries, and share and create baking sensations. Writing Component: At the end of this adventure we will create a recipe book, a local review booklet, and/or baking basic how to videos with our 1:1 technology to share. GX's: Effective Communication and Curiosity and Creativity



Morning Course Offerings

A Walk in the Woods



African Dance

Students will learn how to do the Azonto dance. This dance involves a set of hand movements that either represent everyday activities or often show funny intentions. Students will be involved in a variety of physical movements aimed at learning the rudiments of African dance. The health and personal fitness benefits which will be gained through this course are aerobic and anaerobic benefits among others. African dance can help people lose weight, lower their blood pressure, reduce stress level, and generally boost energy. Additionally, students who work diligently in this class could ultimately tone their body, improve their strength, increase their energy, and give themselves more opportunities to be flexible. Students will learn about the history and origin of African dance. Students will write an essay on how African dance has evolved over the years. GX's: Cross-Cultural Understanding and Civic Engagement and Curiosity and Creativity

Art of Science



Bead and Jewelry Making

In this course, students will design and create beads and jewelry using a variety of materials. Some of these materials include: paper, polymer clay, shrink film, fabric, wire, seed beads and recyclables. Students will learn and explore techniques using all of these materials, which will facilitate the creation of several unique pieces. Writing Component: Journals will be used to take notes and write the procedure for each technique that they learn in class. A small assignment will be given: research and write a half-page response to a culture in which jewelry has symbolic meaning or significance. GX's: This course will address all of the GXs.

Beginning Photography

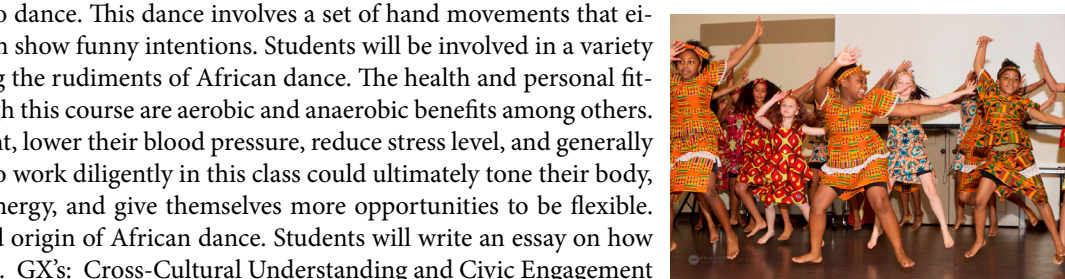
Want more followers in Instagram? You'll need more than just filters! This course will look at the basic techniques professionals use to make visually appealing photographs, including lighting, composition, and perspective. Students will then put those techniques to use in their photography using their own camera or smartphone. No experience necessary! Writing Component: Students will write reflections about their photography to document their learning as well as write feedback on photographs taken by their peers. GX's: Personal Development and Curiosity and Creativity

Contemporary Watercolor and Mixed Media



As Henry David Thoreau and Ralph Waldo Emerson found almost 200 years ago, we have a lot to learn from nature. Students will follow the lead of these authors by going into the natural environment that surrounds us and beginning to seek answers to the question of what it means to be fully human. Writing Component: Students will keep a journal in which they record their experiences, impressions, moods, observations, etc. Students will record observations, reflect on them, and draw conclusions about life. They will record their observations of nature. They will also record their own reflections on all that they observe. They will use their observations their thoughts, hopes, dreams, concerns, and growth as an individual. That is, they will begin to develop a working and dynamic philosophy. GX's: Effective Communication, Cross-Cultural Understanding and Civic Engagement, and Personal Development

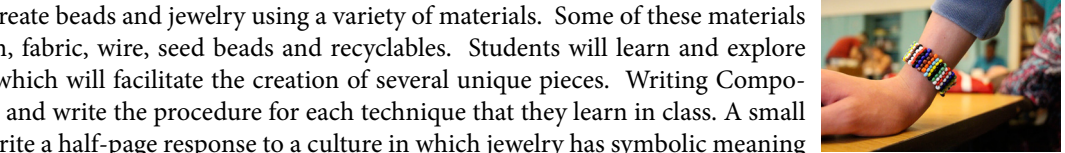
18 Students



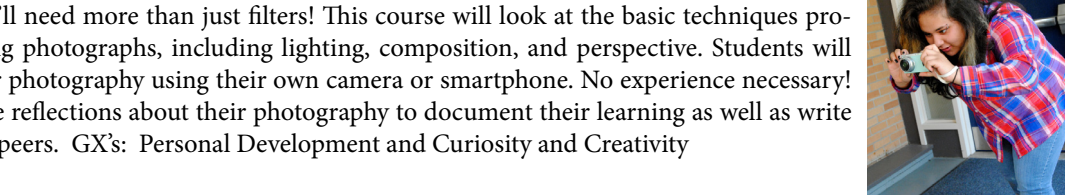
8 Students

Students will use drawing and painting to explore the natural world. Different mediums and techniques will be taught and explored by observing natural materials such as rocks, plant and animal specimens, landscapes, and portraits. While being a skilled artist is not required, a desire to create art is. **The half day course is recommended for those with little or no art experience.** Writing Component: Students will share both written and oral reflections on the processes observation and creating art. All GX's will be addressed in this course.

18 Students



18 Students



18 Students

Students will explore, learn and demonstrate movement towards proficiency in visual arts creations in 2/D and/or 3/D. Students will work with various watercolor media, as well as the choice of incorporating mixed media such as electric circuits, LED lights, fabric, and/or pen and ink. Students will work from a designed still-life in class, and have opportunities to experience "plein air" when the weather permits, such as visiting landscape designs and stone mason/sculpture work in the adjacent Lakeview cemetery, natural landscapes in and around BHS, and other local sites. Writing Component: For each project, students will write their own step-by-step procedure with supporting pictures, sketches, and completed project. Students will be provided time in class to create and add to their own art journal. Students will be provided a writing/drawing prompt. GX's: Curiosity and Creativity, Cross-Cultural Understanding and Civic Engagement, and Effective Communication

Crochet 101

This Crochet class if for beginners. Students will learn basics of crocheting. They will be able to do the following:

- Distinguish between a double crochet, a single crochet and/or a ½ double crochet.
- Properly learn how to use a crochet.
- Learn how to make a colorful baby granny square cover (using 5 different yarn colors).
- Learn how to sew a granny square.

GX's: Curiosity and Creativity and Effective Communication

Elements of Food

Our different food preferences may separate us, but the rituals surrounding food also bring us together. What is it about food? Why does it have such power over us? In this course, we will try to understand food and food culture by exploring food's most basic elements: Taste, Flavor, Texture, Heat, and Spice. The course will be a combination of demonstrations, hands-on culinary experiments, and explorations of taste and smell. We will also use written texts, videos, and collaborations with community partners to enrich our experience. GX's: Effective Communication, Cross-Cultural Understanding and Civic Engagement, and Curiosity and Creativity

French-Speaking World Through the Movies

Students will broaden their understanding of the French-speaking world through the viewing of films from Europe, Africa and North America. Students will discuss and reflect on the different cultural practices presented in the movies. No prior knowledge of the French language is required as subtitles are available for each movie. Different genres of movies will be shown. Students will enjoy a wide range of films from mysteries to musicals to comedies and dramas. As a result, students will gain an appreciation for the French-speaking community, its products and its many cultures. I nice choice for students who speak French. GX's: Cross-Cultural Understanding and Civic Engagement

For the Birds



Fun with Paper Mache

This is a hands on sculpture class that involves learning and developing basic construction techniques using paper mache as the medium. Students will be introduced to the fantasy creatures of Mexican artist Pedro Linares from Oaxaca Mexico. He is considered the godfather of Mexican "cartoneria and alebrijes. Students will make their own interpretations of large lizard forms out of armature wire and paper mache. Once constructed they will paint them with bright colors and intricate patterns. If you are interested in seeing what alebrijes can look like. Do a Google search of the word "Alebrijes" and then click on images. You will discover many beautiful creatures as sources of inspiration. Also please note that the first word in the title of my course is Fun. This course is designed to be just that. It is a relaxing and calm experience and the only thing you need to be successful is an open mind and a willingness to try. Writing Component: Students will keep a personal journal of the techniques and process used to create their sculptures. GX's: Critical Thinking and Problem Solving, Cross-Cultural Understanding and Civic Engagement, and Curiosity and Creativity

Gluten Free & Vegan Cooking



K-LIFE: Korean Culture and Eats

In this course, you will learn basic aspects of Korean culture. This includes a bit of language learning, exploration of pop-culture, as well as cooking(!) Each student will also have a Korean student pen-pal that they will write and respond to throughout the course. Writing Component: Students will learn the Korean alphabet and the basics of Hangul (Korean) pronunciation. They will also be writing to their Korean pen-pals--it is assumed that much of the subject matter here would relate to cultural topics. A nice option for students who speak Korean. GX's: Cross-Cultural Understanding and Civic Engagement

16 Students



24 Students



16 Students

16 Students

18 Students



16 Students

18 Students

Knitted Gifts from the Heart

Want to make a handmade gift for someone in need to let them know you care? Then, knitting is the class for you. Students will learn to knit and/or develop their knitting skills while creating a gift for someone in the community. Students will discover the physical and emotional benefits of knitting such as; fine motor skill improvement, improved spatial thinking skills, reduced anxiety and stress, increased creativity and problem solving, increased patience, and an increased ability to concentrate for longer periods of time. GX's: Personal Development

18 Students



Learn a New Instrument



Have you ever wished you had a chance to learn to play the cello? How about the saxophone? Well this May, you get your chance! Sign up to Learn a New Instrument during the 2019 Y.E.S. Session. Instruments offered are: Violin, Viola, Cello, Double Bass, Flute, Clarinet, Saxophone, Trumpet, Trombone, Oboe, Bassoon, Horn and Tuba! Instruments and sheet music will be provided. So say YES to your musical dreams and sign up for the Learn a New Instrument Course! **NOTE:** students who already play an instrument are welcome to sign-up to learn a new instrument! GX's: Personal Development and Curiosity and Creativity

20 Students

Lifetime Outdoor Games – Croquet, Bocce, Bag Toss and More

This class will introduce several outdoor games for fun with family and friends like croquet, bocce, bag toss, horse shoes, waffle ball, flag football, and the like. No need to be particularly athletic to learn and play these sometimes competitive but mostly fun outdoor games. We will initially spend some time in the classroom exploring/explaining the origins of each game before actually playing. Writing Connection: Reflective check-points throughout program. Students will write about their favorite outdoor game and their experiences learning them. In addition, students will create a rule sheet for “quick play.” GX's: Cross-Cultural Understanding and Civic Engagement and Personal Development

18 Students



Reading for Life

If you like to read and can't wait to get started on your own list of ‘must-reads’ for the summer, here's your chance. We'll meet everyday and spend quality time with our individual choices of books. No quizzes, no reading assignments, no reports – just read as much as you want all morning. We'll also find out how to make a living in the world of books. We'll talk with people whose lives center around reading and books such as bookstore owners and employees, librarians, authors and editors. We'll find the best places to settle in and read – coffee shops, quiet corners here at BHS, by the lake, alone or with others, with or without green eggs and ham. Writing Component: Each person will decide what they want to write. You could write about your book, you could write your own book, play or poetry. You could write about a career in the world of books. You could create a guide to reading and draw maps of the best places to find books or to read books. GX's: Personal Development and Curiosity and Creativity

18 Students



Run Your First 5K to Half Marathon



Do you love to run? Do you want to start running? Do you want to be outdoors for YES? If you answered “yes” to any of these questions, then Run Your First 5K to Half-Marathon is for you! In this morning course, students will be outside, running at their own pace, and connecting with other students who enjoy physical activity. This course offers runners of all abilities the opportunity to develop their running speed, strength and endurance. We will also cover planning a weekly/monthly running schedule and the elements of proper nutrition for running. If you think that running along Lake Champlain this spring with friends sounds good to you, then sign up for Run Your First 5K to Half-Marathon! *Some running or other athletic experience involving running (such as field hockey, basketball or soccer) is preferred for this course. Students who are expecting to compete in States for Track and Field should not choose this course because it will probably conflict with Track and Field training.* Writing Component: Students will keep a training journal and reflect on their nutrition, workout and overall mood for each day. In addition, we will read selections from books and articles on running, which students will summarize and reflect on in their journals. GX's: Critical Thinking and Problem Solving and Personal Development

16 Students

Walk a New Path, Gain a New World

In this course, we'll simply get outside and take a walk. We won't allow ourselves to be overtaken by a need for a destination; rather, we'll focus on the act of walking. As Rebecca Solnit writes in her book Wanderlust: A History of Walking, “Walking allows us to be in our bodies and in the world without being made busy by them. It leaves us free to think without being wholly lost in our thoughts.” As we learn about and explore the multiple paths and trails for walking available to us in our very own region, we'll consider the physical, mental and emotional benefits of daily walking. Some days we'll walk and talk together, some days we'll walk in silence, some days we'll stop and take in the experiences we encounter as we walk, and some days we'll engage in reflective readings and writing on the topic of walking. All students will keep a walking journal

18 Students



and read selections from Solnit's Wanderlust: A History of Walking. Are you ready to feel less stressed, more fit, and connected to the world around you? Then join us in our exploration of walking. To engage in this class, you should be able to walk long distances and have appropriate footwear. GX's: Cross-Cultural Understanding and Civic Engagement and Personal Development

Watercolor Painting in the Natural World



Come paint in Burlington! This will be a class to learn watercolor painting on location within our city limits. We will focus on a more expressive, loose way of painting wet-on-wet. Students will walk to North Beach, Rock Point, Sea Cave trail, and the woods behind BHS. Some driving may be optional to visit other parks or woods in Burlington. In rain, classes will be indoors focusing on painting seasonal flowers. Some drawing skills helpful. Be prepared to let the paint flow and do some splattering, dripping and scraping with watercolors! Writing Component: We could focus on simple haiku's to describe what we are seeing or trying to capture in the landscape. Work could be displayed on foam core or could be photographed and shown on a screen. GX's: Critical Thinking and Problem Solving and Curiosity and Creativity

18 Students

Women's Personal Safety / R.A.D.

This course is designed for women aged 16 and up. Participants will have the opportunity to think about and plan ahead for all types of situations they may encounter. The course aims to help women maximize personal safety in an independent, confident and informed manner. Content covered will range from safely learning how to change a flat tire to college campus awareness. A highlight of the course will be the opportunity to practice and advance skills in personal defensive techniques by participating in a R.A.D. course. R.A.D. certified instructors from the Burlington Police Department will work with BHS students for the R.A.D. instruction. This course will be specifically tailored to young women needing readiness training for college and / or independent living in the near future. A \$25 fee may be charged to cover R.A.D. training. Any participant under 18 years of age will need signed parental permission forms to partake in R.A.D.. Writing Component: Students will log their experiences, reflections, new knowledge gained, and skills reviewed. This log will serve as a valuable resource of information for women to take with them in the months and years that follow as they find themselves traveling and living independently both near and far from home. GX's: Effective Communication and Personal Development

16 Students



Afternoon Course Offerings

A Culinary Trip Around the World



18 Students

This course will introduce students to recipes from around the world that are representative of different cultures. These may include Greece, Italy, France, China, India, Thailand and Germany. Each day of YES, students will learn the origins of the dish they are making and then have the chance to cook and try the dish. Students will keep a daily journal log with a copy of the recipe that describes what they learned, how they worked with their group and what they thought of the taste of the dish and their execution of it. Writing Component: Students will keep a daily journal log with a copy of the recipe that describes what they learned or thought was interesting, how they worked with their group and what they thought of the taste of the dish and their execution of it. GX's: Effective Communication and Cross-Cultural Understanding and Civic Engagement

African Dance

18 Students

Students will learn how to do the Azonto dance. This dance involves a set of hand movements that either represent everyday activities or often show funny intentions. Students will be involved in a variety of physical movements aimed at learning the rudiments of African dance. The health and personal fitness benefits which will be gained through this course are aerobic and anaerobic benefits among others. African dance can help people lose weight, lower their blood pressure, reduce stress level, and generally boost energy. Additionally, students who work diligently in this class could ultimately tone their body, improve their strength, increase their energy, and give themselves more opportunities to be flexible. Students will learn about the history and origin of African dance. Students will write an essay on how African dance has evolved over the years. GX's: Cross-Cultural Understanding and Civic Engagement and Curiosity and Creativity



Art of Science



8 Students

Students will use drawing and painting to explore the natural world. Different mediums and techniques will be taught and explored by observing natural materials such as rocks, plant and animal specimens, landscapes, and portraits. While being a skilled artist is not required, a desire to create art is. **The half day course is recommended for those with little or no art experience.** Writing Component: Students will share both written and oral reflections on the processes observation and creating art. All GX's will be addressed in this course.

Contemporary Watercolor and Mixed Media

18 Students

Students will explore, learn and demonstrate movement towards proficiency in visual arts creations in 2/D and/or 3/D. Students will work with various watercolor media, as well as the choice of incorporating mixed media such as electric circuits, LED lights, fabric, and/or pen and ink. Students will work from a designed still-life in class, and have opportunities to experience "plein air" when the weather permits, such as visiting landscape designs and stone mason/sculpture work in the adjacent Lakeview cemetery, natural landscapes in and around BHS, and other local sites. Writing Component: For each project, students will write their own step-by-step procedure with supporting pictures, sketches, and completed project. Students will be provided time in class to create and add to their own art journal. Students will be provided a writing/drawing prompt. GX's: Curiosity and Creativity, Cross-Cultural Understanding and Civic Engagement, and Effective Communication



China Through Movies

18 Students

Come join us to learn something about China through movies. China has a very long history and a rich culture. In this course, you will learn how elements of Chinese history and culture are represented in movies. You will learn about China's past and present through research and movie screening. All movies are in Chinese, with English subtitles. As some contents of this course overlaps those in Chinese classes, this course is not appropriate for students who are already taking in Chinese classes at BHS.

Drums: From the Set to Marching

10 Students

In this course, students will explore the world of drumming through learning the basics of drum set as well as marching percussion. By the end of the course, each student will be able to perform a beat on the drum set, as well as perform a composition as a group on the marching drums. Writing Component: A reflective piece on the course at the end or their own "beats," either on drum set or for marching. GX's: Personal Development



Fun with Paper Mache



18 Students

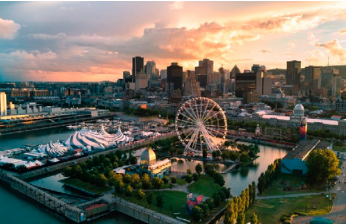
This is a hands on sculpture class that involves learning and developing basic construction techniques using paper mache as the medium. Students will be introduced to the fantasy creatures of Mexican artist Pedro Linares from Oaxaca Mexico. He is considered the godfather of Mexican "cartoneria and alebrijes. Students will make their own interpretations of large lizard forms out of armature wire and paper mache. Once constructed they will paint them with bright colors and intricate patterns.

If you are interested in seeing what alebrijes can look like. do a Google search of the word "Alebrijes" and then click on images. You will discover many beautiful creatures as sources of inspiration. Also please note that the first word in the title of my course is Fun. This course is designed to be just that. It is a relaxing and calm experience and the only thing you need to be successful is an open mind and a willingness to try. Writing Component: Students will keep a personal journal of the techniques and process used to create their sculptures. GX's: Critical Thinking and Problem Solving, Cross-Cultural Understanding and Civic Engagement, and Curiosity and Creativity

Getting to Know Montreal

16 Students

As a resident of Burlington in Vermont (French for Green Mountain) living only two hours away from Montreal, it only makes sense to get to know this French-speaking city with so much diversity and so many cultural offerings. In this class students will learn about the layout of the city, its neighbourhoods and its architecture. And beyond the study of the physical space, students will gain an understanding of its history and most importantly will comprehend its strong connection to our state of Vermont. Finally students will discover and learn about its attractions and museums that offer authentic and abundant learning opportunities. Students will participate in a full day excursion. This is a nice option for students who speak French and have their Green Card. GX's: Cross-Cultural Understanding and Civic Engagement



Student Fee: \$50

Give Blood, Play Rugby



30 Students

Students will learn about the evolution of the sport (both 7 vs 7 and 15 vs 15 varieties) and its worldwide societal impact. We will learn the laws of the game through video and with hands-on experience, including the fundamentals of tackling, rucking, mauling, scrums, lineouts, and running plays in the backline, finalizing with the playing of actual games by the end of the program. There will be contact with others, so bring a mouthpiece! Writing Component: Students will culminate their course by creating a tri-fold brochure advertising rugby to those unfamiliar with the sport, comparing rugby to other team sports more familiar to Americans. GX's: This course will address all five GXs.

Introduction to Weightlifting

12 Students

This course will give students an overview and introduction to the sport of Weightlifting. Students will be working on building strength, gaining flexibility, learning about the sport through history, and develop explosiveness through the different types of lifts. This course is for everyone who is looking to build strength for either their own personal health or to be a parallel of building strength for their own sport. Writing component: Students will keep a training journal and reflect on their nutrition, workout and overall mood for each day. In addition, we will read selections from books and articles on lifting, which students will summarize and reflect on in their journals. GX's: Personal Development



Level 1 Rock Climbing



6 Students

Explore the exciting world of rock climbing and build confidence with a team of new friends. Rock climbing is an individual and a group sport: an opportunity for self-reflection, self-discipline, focus, concentration, athleticism, and friendship. This course is designed to instruct beginner climbers to improve basic climbing skills including technique, safety, vocabulary, equipment, culture, and the community. Students will receive skills instruction from both experienced staff and certified rock climbing instructors both indoors and outdoors. Upon completion of his class students will have the basic safety and practical skills necessary to become part of the recreational rock climbing community. Students who demonstrate these skills will receive a belay certification which will allow them to climb with their friends and climbing partners anytime thereafter. Writing elements will include a brief vocabulary quiz. This class is designed for first time rock climbers or for students who have tried climbing before and have interest in continuing to develop their skills. Personal equipment is recommended, but not necessary (*shoes*, *harness*, chalk bag, and belay device). Writing Component: Writing elements will include vocabulary quizzes and reflections. This class is designed for beginners through experienced climbers. GX's: Effective Communication and Personal Development *highly recommended* **Course Fee:** \$182 (Costs may be reduced up to 25% for students with approved gear. Some scholarships may be available.)

Move and Groove



18 Students

In this course students will explore different ways of moving indoors and outdoors. The goal of this course is for students to experience a varied range of physical activities. In this class students will go on walks, will hike, will experience different types of dance and yoga moves, will enjoy games of beach ball/ volleyball and bocce. GX's: Personal Development

Restorative Yoga & Intuitive Painting

26 Students

Students will practice restorative yoga and mindfulness, learning how to use these practices as a tool to access their innate creativity. Restorative Yoga is a meditative and calming type of yoga. It helps to calm the mind, increase and maintain flexibility in the joints, and helps to relieve stress. The yoga positions are done on mats using bolsters and are held for 3 to 5 minutes or longer while listening to meditative music. Students will use a variety of media to explore



the process of intuitive drawing and painting. Intuitive art is a freestyle form of expression using any materials without judgement. Students will transition from yoga into drawing and painting, setting a personal intention for the class. The visual arts and mindfulness are connected and support each other. Mindfulness allows us to relax and to better access our creativity. Students will practice mindfulness with the intention of exploring their inner creativity. Through this process they will break through preconceived ideas and barriers of what “good” art is. Writing Connection: Students will write daily reflections on the process and outcome of their personal highlights/accomplishments throughout YES. The artwork that they produce each class will be a “visual journal” of their daily YES experiences. GX’s: Personal Development and Curiosity and Creativity



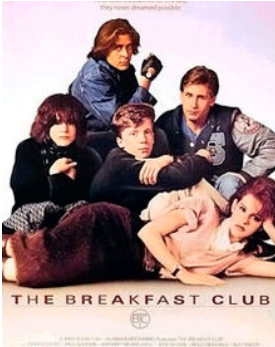
Sewing Basics16 Students



If you always wanted to sew, but have never learned how, then you should sign up for Sewing Basics. You will understand sewing directions and how to use a sewing machine. You will work on a project that you chose. Project ideas include a pin cushion, pajama pants, a skirt, a backpack, purse or beach bag, or a stuffed animal. All materials are provided. If you want a specific type of fabric, you may choose to buy it on your own, but this is not required. Every day you will write in your journal – taking notes, reflecting on daily progress, interpreting technical writing, designing a project, or brainstorming—and sew. See tinyurl.com/yessewing for prior year examples. Writing Component: Daily journals GX’s: Critical Thinking and Problem Solving and Curiosity and Creativity

Summer at the Drive-In18 Students

Why do some movies stand the test of time, while others are quickly forgotten? In what ways do popular movies reflect the evolving political and social concerns of the societies from which they spring? This course will involve discussing what makes a “classic,” exploring what classic movies have in common, evaluating the thematic focus of individual films, and watching some of the best “Summer Classic” movies ever made. **NOTE:** Some of the movies on the list may be rated “R,” so participants must be at least 17 years old or have signed parental approval for this course. If you like movies, this course is for you. We will watch several movies that students choose, by vote, from a list of possibilities, and we will discuss and reflect on what makes these films so important and/or memorable: what makes them “classics.” Writing Component: Students will keep a journal in which they reflect on themes found in summer movies, compare and contrast various movies, and tie characters and themes they see in the movies they view to literature and life. GX’s: Effective Communication and Cross-Cultural Understanding and Civic Engagement



Swimming for Health, Fitness, and Safety18 Students



Do you want to learn to swim? Do you want to improve your stroke and swim fitness? If so, join us for “Swimming! For Safety & Fitness.” This YES course is suited for the complete newcomer and expert swimmer alike. The course goals are to introduce new swimmers to a variety of strokes and to improve the technique of advanced swimmers. This course makes use of the YMCA in Burlington, where we will practice in both the lap pool and in the deeper pool. Swimmers will get a chance to track their development over time, as we will do a number of time trials of 50 to 200 meters. GX: Personal Development

Trip Offerings

Quebec12 Students

Quebec City, often described as a North American city with European flair, is not only this majestic site located in the Saint Lawrence River Valley, it is also one of the oldest European settlements in North America whose ramparts surrounding old Quebec are the only fortified city walls remaining in North America. Located only four hours by car from Burlington, Quebec City offers a wealth of linguistic, historical and cultural opportunities for all ages. As a Vermonter the connections to this great French-speaking city are just evident and countless. During the five day stay all interested students will broaden their knowledge of this unique city and will gain an authentic understanding of the French presence in North America. Art lovers, foodies, history lovers and French-language learners will be able to gain and improve their language skills while discovering this beautiful place. [Nice option for our French speaking students.](#)

Student Fee: \$600 see Ms. Tetu

Year End Studies (YES) Session
Registration Planning Sheet

This sheet is designed to assist you in preparing to register for the 2019 YES Session.

WHO needs to register for YES Session?
All BHS students grades 9-12

HOW do you register? Registration will be done through an online form found on the BHS homepage.

WHERE can you register? Any computer with Internet access will allow you the ability to register.

WHEN do you register? Anytime during the week of December 11th - 14th This is not a first come, first serve process. You can register on Tuesday or Friday and you will have the same chances of getting into your selections.

WHAT will you need other than your course choices?

- Your School ID number (located on your ID/bus card)
- school e-mail address
- an emergency contact name and phone number
- advisor’s name (grades 9-11)

NOTES:

FULL DAY COURSE CHOICES

1.
2.
3.
4.
5.

MORNING COURSE CHOICES

1.
2.
3.
4.
5.

AFTERNOON COURSE CHOICES

1.
2.
3.
4.
5.