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Adapted COURSE DESCRIPTION BOOKLET and POLICIES for EL students

Burlington High School Year End Studies (YES) Session

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2020

May 27- June 10, 2020

FULL COURSE DESCRIPTION BOOKLET and POLICIES

Year End Studies (YES) Session

Overview

BHS concludes the second semester of school with the Year End Studies session. As part of the academic school calendar, the YES session offers all students of the BHS community exciting alternatives for learning. These non-traditional courses expand student understanding and inspire new student interests. Intensive, interest-driven opportunities enhance enthusiasm for learning and strengthen relationships within BHS and the Burlington community.

Session Dates

The 2020 YES Session will run from May 27th through June 9th, 2020. Presentation of Learning day (POL day) will take place from 8:05-1:00pm on Wednesday, June 10th, 2020.

Options

Students could opt to participate in:

- two half-day courses (morning/afternoon)
- BTC class and one half-day YES course
- Independent Study for Juniors and Seniors (**applications available December 16th**)
- one full-day course (9:15-2:15pm)
- travel learning experience (added cost to student)

Registration

Course descriptions will be accessible on the BHS website for students to read prior to registration. An online registration form will be available for all students to complete from **Dec. 10th through Dec. 13th**. Students will select their top five choices for full-day classes or select five morning classes and five afternoon classes. Course assignments will be posted the end of March. **There is no add/drop period for YES classes.**

Attendance

All students must attend and participate every day during the YES Session including the Presentation of Learning (POL) day. Reminder: The YES session is an intensive 10-day session and part of the academic school year, please schedule all appointments before the start of YES or in the afternoons after 2:15pm. Please plan family vacations after the last day school Wed., June 10th. **Any absences will be reviewed by the YES Session coordinators and administration to determine if a student will receive YES credit.*

Schedule

8:15-9:15 Credit Recovery
9:30-11:30 Morning Course
11:30-12:15 Lunch
12:15-2:15 Afternoon Course
2:30-3:30 Credit Recovery

Full-Day Courses run
9:30-2:15 and include a
lunch break.

Grading

Credit/No Credit

Graduation Requirement

Successful completion in YES Session for each year at BHS is a graduation requirement. **A special note to seniors:** Seniors who fail to earn YES Session credit will NOT be eligible to attend the graduation ceremony or receive their diploma. The senior must successfully complete a YES Session option for credit recovery (see section below).

Options for Students Who Do Not Earn Credit for the YES Session

Students who fail to earn YES credit, can recover the YES Session credit by successfully completing one of the follow:

- complete community service hours
- attend an academic camp or institute (prior approval required)

**If a student is not eligible for the above options, a meeting with YES coordinators and administration is required to develop a plan for recovering YES credit.*

Credit Recovery

Credit Recovery is for students who fail a course during the regular school year with an overall average of 53%-59%. Credit for this course is earned pending teacher approval.

2020 Independent Study Guidelines

Independent Study Options

- 1/2 day YES course and 1/2 day Independent Study
- 1/2 day BTC and 1/2 day Independent Study
- Full-day Independent Study

Eligible Candidates

- are in good academic standing.
- continually demonstrate honest and respectful behavior.
- have a strong and consistent attendance history.

Qualifications

- You must be either a junior or senior.
- You must have previously participated in at least one year of YES.
- You must have successfully earned YES credit in all previous years.

Requirements

- Completed Cover Sheet
- Completed Application (typed)
- Completed Independent Study Planner

Important Dates

December 10-13 – Online YES Course Registration (**You must still register.**)

Wednesday, December 18, 2019 @ 3:05pm in the Chorus Room–YES Independent Study

Mandatory Meeting Option #1

Thursday, December 19, 2019 @ 1:05pm in the Chorus Room-YES Independent Study

Mandatory Meeting Option #2

Friday, December 20, 2019 @ 8:10am in the Chorus- YES Independent Study

Mandatory Meeting Option #3

Wednesday, January 8, 2020 – Independent Study Application Deadline

Wednesday, February 19, 2020 – YES Independent Study Decisions Announced

Full Day Class Offerings by Content

Athletic/Health

Basketball World

Building Community Through Rock Climbing

Community Engagement

Get Ready for Summer Jobs and Internships

Putting Crochet into Action

Literature/Writing

Walk a New Path, Gain a New World

Outdoor Adventure

Farming in Burlington: Growing the Future

Fishing Vermont

Hiking in Vermont

Morning Class Offerings by Content:

Art and Design

Beginning Photography

Fun with Paper Mache

Athletic or Health

Give Blood, Play Rugby

Run you first 5K

TaeKwonDo

Women's Personal Safety

802 Athletics

Crafts

Knitted Gifts from the Heart

Culinary

Gluten Free and Vegan Cooking

Culture and Language

Oh Canada

Mathematics/Games

Chess Skills

Music/Performing Arts/ Dance

Acting and Movement Drama

African Dance

Memphis Jookin

Tap Dancing

Outdoor Adventures

Lifetime Outdoor Games

Afternoon Class Offerings by Content

Art and Design

Book Making, Watercolour and Mixed Media

Beginning Photography

Fun with Paper Mache

Athletic or Health

Dragon Boat

TaeKwonDo

TAP Dancing

Yoga

Culinary

A Culinary Trip Around the World

Culture and Language

Arabic Language 101

Film, Media, Technology

Summer at the Drive ins

Mathematics/Games

Fornite

Music/Performing Arts/ Dance

African Dance

Tap Dancing

Outdoor Adventures

Snorkeling

Full Day Classes Offerings

Basketball World

Students will learn about the history and evolution of basketball (College and Professional), gameplay strategies, and skill development. This course will be half in the classroom and the other half of the day in the gym. The written connection will be from drafting outlines and talking point cards for debates centered around basketball related topics of the past and present.

Building Community through Rock Climbing

Explore the exciting world of rock climbing while connecting with other students. This course is designed to instruct climbers to improve climbing skills including technique, safety and vocabulary. Students will receive skills instruction from both experienced staff and certified rock climbing instructors both indoors and outdoors. Students will get to know each other through circles, hiking, yoga, and mindfulness. Upon completion of class, students will have the basic safety and practical skills necessary to become part of the recreational rock climbing community. Students who demonstrate these skills will receive a belay certification which will allow them to climb with their friends and climbing partners anytime thereafter.

Writing elements will include personal reflections. Personal equipment is recommended, but not necessary (*shoes*, *harness*, chalk bag, and belay device). **Course fee: \$120**



Farming in Burlington: Growing the Future

Burlington, Vermont hosts a thriving and growing farm and garden culture. If you are interested in exploring and learning about local farms and gardens, getting involved in planting, tending, and harvesting local produce, and helping the Burlington localvore movement, this is a down and dirty opportunity to experience professional farming and gardening. Please be advised that walking, weather, weeds, and wacky insects will all be a part of the experience. However, you will also meet wonderful people who care about the land and their community and are determined to bring the two together in harmony. The future of local, sustainable agriculture has already taken root and the growth is strong and healthy- see for yourself what it's all about.



Fishing Vermont

Students will fish in the following: Winooski River, Colchester Pond, Lake Champlain, Sand Bar, Little Brook, So Hero, No Hero and Richmond. Transportation is by car. Students in this class must have: **Own fishing equipment (fishing rod, lures, hooks and live bait) and a valid Fishing License (15-17 years of age) \$8.00 (18 and older) \$25.00. Students must know how to cast a rod as well as basic knot tying. In**

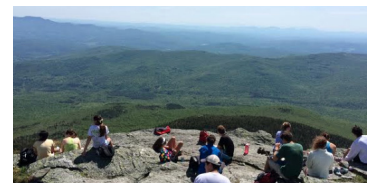
addition, students must know how to operate a canoe and how to swim.

Get Ready for Summer Jobs and Internships!

Get ready to find a Summer job or Internship! Looking for a job? This course will connect you to professionals from careers in childcare, healthcare, manufacturing, retail and restaurants. We will help you practice with mock interviews, resume writing, applications, and improving your community connections. Tour workplaces and talk with professionals to learn about their job and how they got there. Discover the Department of Labor's programs for support in employment after high school. Writing Component: How to write a resume, cover letter, and thank you note, how to write an email to an employer for an informational interview, how to fill online applications. **Prerequisite: Must be at least 16. Full participation can lead to a Summer job or internship.**

Hiking in Vermont

A variety of hikes will be completed throughout the class. Introductory hikes include walks on the bike path, through Ethan Allen Park and into the Intervale. We will progress to more rigorous hikes on Camel's Hump and finish with a hike up the highest mountain in Vermont, Mt. Mansfield. These ending hikes can be very difficult and we ask that you are in a condition to complete 4 hours of hiking up a mountain. In this class we will learn about the proper preparation necessary for day long hikes, study topography and learn the benefits that hiking has on the cardiovascular and respiratory systems. We will also learn specifically about each place we visit particularly the plants and animals of the region. You should be in relatively good shape in order to enjoy long hikes, like being outside and have an open mind for any destination



our feet may take us. Writing Connection: Students will describe (through writing) the characteristics that distinguish between the various flora identified. Students will describe how hiking improves the cardiovascular and respiratory systems.

Putting Crochet into ACTION!

This Crochet class is for beginners and young people who want to give back to their community. Mornings will be dedicated to learning the basics of crocheting. In a very peaceful environment, you will learn how to make a colorful baby granny square cover (using 5 different yarn colors) and how to sew the blanket. Also students will learn how to make one or more table cloths and/or scarves. Afternoons will be spent visiting local nursing homes, hospitals, hospices with the elderly. We will teach them how to crochet or donate crochet pieces for them. This is a rewarding moment that will last a lifetime!

Walk a New Path, Gain a New World

In this course, we'll simply get outside and take a walk. We won't allow ourselves to be overtaken by a need for a destination; rather, we'll focus on the act of walking. As Rebecca Solnit writes in her book *Wanderlust: A History of Walking*, "Walking allows us to be in our bodies and in the world without being made busy by them. It leaves us free to think without being wholly lost in our thoughts." As we learn about and explore the multiple paths and trails for walking available to us in our very own region, we'll consider the physical, mental and emotional benefits of daily walking. Some days we'll walk and talk together, some days we'll walk in silence, some days we'll stop and take in the experiences we encounter as we walk, and some days we'll engage in reflective readings and writing on the topic of walking. All students will keep a walking journal and read selections from Solnit's *Wanderlust: A History of Walking*. Are you ready to feel less stressed, more fit, and connected to the world around you? Then join us in our exploration of walking. To engage in this class, you should be able to walk long distances and have appropriate footwear.

Morning Course Offerings

Acting and Movement Drama Workshop

Explore the art of acting and movement in this workshop. We will begin each class with physical (and vocal) warm-ups and proceed to participate in a variety of group activities. We will create an ensemble with each other, develop characters, and explore different theories of acting that great performers have developed over the years. Students will have the opportunity to work on improvisation skills, create short skits and/or choose and practice monologues or audition pieces. Students will have the option of rehearsing Shakespeare, but this is not required. This workshop is open to actors at all levels of experience, from those who are new to acting to experienced drama club members. Please wear comfortable clothes in which you can easily move, and please be prepared to work barefoot. Students will be asked to think about and write down reactions and thoughts to our activities at the end of each day.

African Dance

Students will learn how to do the Azonto dance. This dance involves a set of hand movements that either represent everyday activities or often show funny intentions. Students will be involved in a variety of physical movements aimed at learning the rudiments of African dance. The health and personal fitness benefits which will be gained through this course are aerobic and anaerobic benefits among others. African dance can help people lose weight, lower their blood pressure, reduce stress level, and generally boost energy. Additionally, students who work diligently in this class could ultimately tone their body, improve their strength, increase their energy, and give themselves more opportunities to be flexible. Students will learn about the history and origin of African dance. Students will write an essay on how African dance has evolved over the years.

Beginning Photography

Want more followers in Instagram? You'll need more than just filters! This course will look at the basic techniques professionals use to make visually appealing photographs, including lighting, composition, and perspective. Students will then put those techniques to use in their photography using their own camera or smartphone. No experience necessary! Writing Component: Students will write reflections about their photography to document their learning as well as write feedback on photographs taken by their peers.

Fun with Paper Mache

This is a hands on sculpture class that involves learning and developing basic construction techniques using paper mache as the medium. Students will be introduced to the fantasy creatures of Mexican artist Pedro Linares from Oaxaca Mexico. He is considered the godfather of Mexican “cartoneria and alebrijes. Students will make their own interpretations of large lizard forms out of armature wire and paper mache. Once constructed they will paint them with bright colors and intricate patterns. If you are interested in seeing what alebrijes can look like. Do a Google search of the word “Alebrijes” and then click on images. You will discover many beautiful creatures as sources of inspiration. Also please note that the first word in the title of my course is Fun. This course is designed to be just that. It is a relaxing and calm experience and the only thing you need to be successful is an open mind and a willingness to try. Writing Component: Students will keep a personal journal of the techniques and process used to create their sculptures.

Give Blood, Play Rugby

Students will learn about the evolution of the sport (both 7 vs 7 and 15 vs 15 varieties) and its worldwide societal impact. We will learn the laws of the game through video and with hands-on experience, including the fundamentals of tackling, rucking, mauling, scrums, lineouts, and running plays in the backline, finalizing with the playing of actual games by the end of the program. There will be contact with others, so bring a mouthpiece! Writing Component: Students will culminate their course by creating a tri-fold brochure advertising rugby to those unfamiliar with the sport, comparing rugby to other team sports more familiar to Americans.



Gluten Free & Vegan Cooking

Students will learn how to cook vegan and gluten free foods. Students will plan menus, shop for groceries, and cook food. On field trip day, students will visit local places that have vegan and gluten free foods. Writing: Students create a class cookbook with recipes and reviews.

Knitted Gifts from the Heart

Want to make a handmade gift for someone in need to let them know you care? Then, knitting is the class for you. Students will learn to knit and/or develop their knitting skills while creating a gift for someone in the community. Students will discover the physical and emotional benefits of knitting such as; fine motor skill improvement, improved spatial thinking skills, reduced anxiety and stress, increased creativity and problem solving, increased patience, and an increased ability to concentrate for longer periods of time.

Learning to Play and Improving on Chess Skills

Regardless of your experience level, you will work to improve your chess game and learn how to document your games using various styles of notation. You will be required to document, using an accepted notation style, at least one game that you have participated in, and write a summary of the game (minimum of three paragraphs) describing key points. You will also write a similar summary of a documented game that you have not participated in.

Lifetime Outdoor Games – Croquet, Bocce, Bag Toss and More

This class will introduce several outdoor games for fun with family and friends like croquet, bocce, bag toss, horse shoes, waffle ball, flag football, and the like. No need to be particularly athletic to learn and play these sometimes competitive but mostly fun outdoor games. We will initially spend some time in the classroom exploring/explaining the origins of each game before actually playing. Writing Connection: Reflective checkpoints throughout program. Students will write about their favorite outdoor game and their experiences learning them. In addition, students will create a rule sheet for “quick play.”

Memphis Jookin: A Way of Life Through Dance

In this course we will examine the art form of Memphis Jookin, a dance style that originated in Memphis Tennessee. We will learn about the history of Memphis Jookin and how it became a beacon of hope in a city filled Talent, Love, Food, Music, and Black American Gangster Culture. We will critique iconic Memphis Jookin battles, assess various themes that replay throughout the style and journal about our own attempts at learning the style of Memphis Jookin. We will also choose a list of favorite dancers and write a descriptive Bio as if we were making Dance Battle Sports Cards.

Mindfulness and Meditation

In this class we will use restorative yoga as a tool to relax the body and quiet the mind. Students will learn how to practice mindfulness meditation. Students will learn a few restorative yoga positions and will remain in each pose for up to five minutes. We will use mindfulness meditation and restorative yoga practices as a tool to access your innate creativity. Restorative Yoga is a meditative and calming type of yoga which helps to calm the mind, increase and maintain flexibility in the joints, and helps to relieve stress. The visual arts and mindfulness are connected and support each other. Mindfulness allows us to relax and to better access our creativity. Students will transition from yoga into drawing and painting, setting a personal intention for each class. We will use a variety of materials to explore the process of intuitive art making, which is an improvisational form of self-expression. Intuitive art is all about exploring art materials and techniques for the sake of experimentation-without planning what the final product will look like.



Oh Canada. Design your own Adventure.

Students will discover some of the wonderful things that Montreal has to offer. On the half days at BHS, student will eat Canadian treats and think about designing and proposing their trip. They will learn about the history of Montreal, and a little about the culture, music and media. During our full day, students will take an extended day field trip to Montreal. The first half of the day will be spent at the biodome or another student proposed activity. The second half of the trip will be split into two groups. Those group plans and destinations will be determined by students prior to departure. **Students will need to have access to a certified copy of their birth certificate or other acceptable naturalization documents.**

Run Your First 5K to Half Marathon

Do you love to run? Do you want to start running? Do you want to be outdoors for YES? If you answered “yes” to any of these questions, then Run Your First 5K to Half-Marathon is for you! In this morning course, students will be outside, running at their own pace, and connecting with other students who enjoy physical activity. This course offers runners of all abilities the opportunity to develop their running speed, strength and endurance. We will also cover planning a weekly/monthly running schedule and the elements of proper nutrition for running. If you think that running along Lake Champlain this spring with friends sounds good to you, then sign up for Run Your First 5K to Half-Marathon! Some running or other athletic experience involving running (such as field hockey, basketball or soccer) is preferred for this course. Students who are expecting to compete in States for Track and Field should not choose this course because it will probably conflict with Track and Field training. Writing Component: Students will keep a training journal and reflect on their nutrition, workout and overall mood for each day. In addition, we will read selections from books and articles on running, which students will summarize and reflect on in their journals.

TaeKwonDo & Life Skills

Learn beginner level TaeKwonDo and discover how to strengthen your body, mind and spirit. This course will include physical exercise and fitness through traditional martial arts movements, understanding important concepts and transferable life skills, and learn a little about the history and culture of Martial Arts. Come see how Martial Arts can improve your health, studies, mind and body.



Tap Dancing throughout the Decades

Come explore the history of tap dancing and how it has changed throughout the decades! Not only will you learn about tap legends (such as Fred Astaire, Ginger Rogers, Gene Kelly, Ellen Powell, the Nicholas Brothers, and Gregory Hines), but we will also learn about who are the influential tap dancers of today (Savion Glover, Chloe Arnold, Michelle Dorrance, Anthony Morigerato, and more). Students will learn how to tap dance by practicing the basic steps of tap, combinations, and tap routines of different genres. Students will also research, write, and present about a tap dancer of their choice.

Women's Personal Safety / R.A.D.

This course is designed for women aged 16 and up. Participants will have the opportunity to think about and plan ahead for all types of situations they may encounter. The course aims to help women maximize personal safety in an independent, confident and informed manner. Content covered will range from safely learning how to change a flat tire to college campus awareness. A highlight of the course will be the opportunity to practice and advance skills in personal defensive techniques by participating in a R.A.D. course. R.A.D. certified instructors from the Burlington Police Department will work with BHS students for the R.A.D. instruction. This course will be specifically tailored to young women needing readiness training for college and / or independent living in the near future. **A \$25 fee may be charged to cover R.A.D. training. Any participant under 18 years of age will need signed parental**

802 Athletics

Ready to experience all of the amazing workout facilities right here in Burlington? This class will visit local gyms and participate in daily workouts like indoor spinning, cross fit, keettlebells, barre, aerial yoga, and lots more. Before exercising, we will also learn about how local entrepreneurs brought their vision to reality. **Student fee: \$25**



Afternoon Course Offerings:

A Culinary Trip Around the World

This course will introduce students to recipes from around the world that are representative of different cultures. These may include Greece, Italy, France, China, India, Thailand and Germany. Each day of YES, students will learn the origins of the dish they are making and then have the chance to cook and try the dish. Students will keep a daily journal log with a copy of the recipe that describes what they learned, how they worked with their group and what they thought of the taste of the dish and their execution of it. Writing Component: Students will keep a daily journal log with a copy of the recipe that describes what they learned or thought was interesting, how they worked with their group and what they thought of the taste of the dish and their execution of it.

African Dance

Students will learn how to do the Azonto dance. This dance involves a set of hand movements that either represent everyday activities or often show funny intentions. Students will be involved in a variety of physical movements aimed at learning the rudiments of African dance. The health and personal fitness benefits which will be gained through this course are aerobic and anaerobic benefits among others. African dance can help people lose weight, lower their blood pressure, reduce stress level, and generally boost energy. Additionally, students who work diligently in this class could ultimately tone their body, improve their strength, increase their energy, and give themselves more opportunities to be flexible. Students will learn about the history and origin of African dance. Students will write an essay on how African dance has evolved over the years.

Arabic Language 101

Assalam Aleikum! Kayfek? Want to learn basic greetings, how to write your name in Arabic (as well as the whole Arabic alphabet), and watch some amazing Arabic music videos? Each day, we'll learn a few Arabic letters, practice writing them (from right to left), learn basic greetings and phrases and practice speaking them with each other, and get access to the Arab World through music, TV, cooking shows, and food. We'll make at least one meal together. Students will keep a notebook of the letters and phrases they've learned.

Beginning Photography

Want more followers on Instagram? You'll need more than just filters! This course will look at the basic techniques professionals use to make visually appealing photographs, including lighting, composition, and perspective. Students will then put those techniques to use in their photography using their own camera or smartphone. No experience necessary! Writing Component: Students will write reflections about their photography to document their learning as well as write feedback on photographs taken by their peers.



Book Making, Watercolors, and Multi-Media

This class involves making a hand crafted, fabric covered, stitched book in which watercolor and drawing paper will be bound. Students are encouraged to use the pages in the book to create drawings and paintings. Watercolors will be the main focus of the class, with exploration of electric circuitry, India Ink, and other media. Students will examine famous paintings, and in written form, identify elements such as composition, color choice, use of media.

Dragon Boat Racing with Dragonheart VT

Looking to try one of the newest and fastest growing sports in the US, well here it is, Dragon Boat Racing! Nothing matches the feel on the water when these boats glide, as 20 people need to paddle as one. Students will learn the importance of team-work, as paddling together is most effective to reach top speed. Through this course, students will learn how to prepare their bodies for competitive dragon boat racing, understanding some aspects of anatomy and physiology and what goes into training for such a unique sport. Students will also learn how this organization helps support members of our local communities through the Lake Champlain Dragon Boat festival and other fundraisers. Money raised through this festival helps support breast cancer survivors in our region. Proper technique for the sport will be discussed, practiced on land, then on the dock in one of our boats, before experiencing a real life race!



Writing Component: Daily Journals will have students write down their knowledge of the human body and create a workout routine related to the demands of the sport as well as the importance of non-profit organizations in the community and positive impact they have. **Age Requirement: must be at least 16 years old**

Explore Lake Champlain: Learn to Canoe & Snorkel



Explore Lake Champlain using a canoe above the surface and using a mask, fins, and a snorkel below the surface. Students will learn how to enter a canoe, canoe strokes, how to steer, and what to do if you flip. Students will also learn the basics of different types of snorkeling equipment; how to determine the proper fit; kicking techniques, breathing techniques, surface dives, and more. Once students have learned the basics and weather permitting, we will go to different Lake Champlain locations and take in beautiful vistas, observe fish, examine old shipwrecks from afar, and take in other above water and underwater sites. Given the water temperature in late May and early June, wet suits are recommended but not required. Swimming is a prerequisite of this course. Students would be

asked to self-evaluate their swimming ability and have their parents attest to their ability by signing the self-evaluation form (novice, intermediate, expert). Writing Component: Students will reflect on daily outings and guest speakers.

Fortnite; Design and implementation of Tournament Play

In this course you will design and test unique Fortnite tournament. You will be tasked to explain, in writing, what elements of gameplay will earn a player a victory in your tournament. You will explain, in writing, what will earn points, how they are awarded, and how everything is documented and coordinated. No two tournaments will be the same. **Students will need to provide their own device that is capable of running the Fortnite app.**

Fun with Paper Mache

This is a hands on sculpture class that involves learning and developing basic construction techniques using paper mache as the medium. Students will be introduced to the fantasy creatures of Mexican artist Pedro Linares from Oaxaca Mexico. He is considered the godfather of Mexican “cartoneria and alebrijes. Students



will make their own interpretations of large lizard forms out of armature wire and paper mache. Once constructed they will paint them with bright colors and intricate patterns. If you are interested in seeing what alebrijes can look like. do a Google search of the word “Alebrijes” and then click on images. You will discover many beautiful creatures as sources of inspiration. Also please note that the first word in the title of my course is Fun. This course is designed to be just that. It is a relaxing and calm experience and the only thing

you need to be successful is an open mind and a willingness to try.

Summer at the Drive-In

Why do some movies stand the test of time, while others are quickly forgotten? In what ways do popular movies reflect the evolving political and social concerns of the societies from which they spring? This course will involve discussing what makes a movie a “classic,” exploring what classic movies have in common, evaluating the thematic focus of individual films, and watching some of the best “Summer Classic” movies ever made. NOTE: Some of the movies on the list may be rated “R,” so participants must be at least 17 years old or have signed parental approval for this course. If you like movies, this course is for you. We will watch several movies that students choose, by vote, from a list of possibilities, and we will discuss and reflect on what makes these films so important and/or memorable: what makes them “classics.” Writing Component: Students will keep a journal in which they reflect on themes found in summer movies, compare and contrast various movies, and tie characters and themes they see in the movies they view to literature and life.

Swimming for Health, Fitness, and Safety



Do you want to learn to swim? Do you want to improve your stroke and swim fitness? If so, join us for “Swimming! For Safety & Fitness.” This YES course is suited for the complete newcomer and expert swimmer alike. The course goals are to introduce new swimmers to a variety of strokes and to improve the technique of advanced swimmers. This course makes use of the YMCA in Burlington, where we will practice in both the lap pool and in the deeper pool. Swimmers will get a chance to track their development over time, as we will do a number of time trials of 50 to 200 meters.

TaeKwonDo & Life Skills

Learn beginner level TaeKwonDo and discover how to strengthen your body, mind and spirit. This course will include physical exercise and fitness through traditional martial arts movements, understanding important concepts and transferable life skills, and learn a little about the history and culture of Martial Arts. Come see how Martial Arts can improve your health, studies, mind and body.

Tap Dancing throughout the Decades

Come explore the history of tap dancing and how it has changed throughout the decades! Not only will you learn about tap legends (such as Fred Astaire, Ginger Rogers, Gene Kelly, Ellen Powell, the Nicholas Brothers, and Gregory Hines), but we will also learn about who are the influential tap dancers of today (Savion Glover, Chloe Arnold, Michelle Dorrance, Anthony Morigerato, and more). Students will learn how to tap dance by practicing the basic steps of tap, combinations, and tap routines of different genres. Students will also research, write, and present about a tap dancer of their choice.

The Simpsons and Society

The Simpsons is the longest running animated series on television. Nearly everyone in America is familiar with the characters featured in this popular series. Why, however, has this series become iconic in our society? Are the characters Matt Groenig has created believable ones? Are they “stock characters” based on literary archetypes, satirical responses to the flaws in society or are they just creations whose sole purpose is to amuse and entertain television audiences? Students will be required to keep a journal recording their analysis and/or personal observations of the episodes being viewed and discussed during each class. Writing Component: Students will keep a daily journal in which they will respond in writing to the class discussion topics. They may choose to share one of their entries during POL Day if they so choose.



Yoga

Come experience how Yoga will change your life! Every day will be spent on the mats try lots of stretching, breathing yoga techniques and relaxation. The types of yoga and instructors will vary day to day. All levels of yoga are welcome!

Year End Studies (YES) Session Registration Planning Sheet

This sheet is designed to assist you in preparing to register for the 2020 YES Session.

WHO needs to register for YES Session? All BHS students grades 9-12

HOW do you register? Registration will be done through an online form found on the BHS homepage.

WHERE can you register? Any computer with Internet access will allow you the ability to register.

WHEN do you register? Anytime during the week of December 10th - 13th. This is not a first come, first serve process. You can register on Tuesday or Friday and you will have the same chances of getting into your selections.

WHAT will you need other than your course choices?

- Your School ID number (located on your ID/bus card)
- school e-mail address
- an emergency contact name and phone number
- advisor's name (grades 9-11)

NOTES:

FULL DAY COURSE CHOICES

1. _____
2. _____
3. _____
4. _____
5. _____

MORNING COURSE CHOICES

1. _____
2. _____
3. _____
4. _____
5. _____

AFTERNOON COURSE CHOICES

1. _____
2. _____
3. _____
4. _____
5. _____