

# CONNECTIONS

2019-2020, Fall - Issue 2

52 Institute Road Burlington, VT 05408 www.bhs.bsdvt.org

## UPCOMING EVENTS

#### Our Lives Our Lungs Movie Release

Friday, 10/11—6:00pm Miller Community Center \*\*Join us for a free community dinner for all!

#### Seahorse Pride Meeting

Monday, 10/14—6:00pm BHS Library \*\*All are welcome to these meetings which take place every second Monday.

#### PSATs & Pre-Act LATE START

Wednesday, 10/16

- 10<sup>th</sup> & 11<sup>th</sup> grade start at 7:50am
- 9<sup>th</sup> & 12<sup>th</sup> late start at 12:00pm

#### BHS Parent Teacher Conferences

Thursday, 10/17, 3:00pm—7:30pm@BHS and Friday, 10/18, 7:30am— 11:00am in the Cafeteria and Gym

#### Early dismissal all grades

Thursday, 10/17 12:00pm dismissal

#### **No School for Students**

Friday, 10/18, No school for BHS students

#### UVM College Essay Writing Workshops

Thursday, 10/24, 6-8pm BHS Library

#### Fun at St. Michael's College Fair in September

Thank you to our BHS Guidance Director Meg Hughart, BHS Teacher Susan Blethen, BHS Dual Enrollment Coordinator Dhyana Bradley, and Seahorse Pride parent volunteers for organizing Saint Michael's College Fair field trip opportunity on Thursday, Sept 19<sup>th</sup> for our BHS students! It was exciting to see our students attend the college fair. Our SEAHORSEPRIDE volunteers were more than eager to help out with rides to and from St. Michael's.



Please know we support your daily work of

student engagement and appreciate your positivity and encouragement. We have not provided this opportunity in the past few years so this is a positive step.

At the fair, 24 BHS students had the opportunity to meet with more than 250 college admissions representatives at the NEACAC (The New England Association for College Admission Counseling) College Fair, which occurred at Saint Michael's College. Those students in attendance, spoke one-on-one

with college representatives, explored majors that interested them, and learned about numerous scholarship opportunities. It was great!



Believe it or not, the end of quarter one is only one week away! Here at BHS, teachers and students have settled into their daily routines, and teachers will soon be reporting out how students are progressing academically. Our hope is that families and guardians have been able to stay informed about their student's academic progress and attendance via email and through PowerSchool. This information will be helpful as we look ahead to our upcoming conferences with teachers.

We expect that many of you will hear encouraging information about your student's progress as additional supports have created conditions for improved student outcomes. Our new FlexTime tutorial session on Tuesdays and Wednesdays has been very successful. Flextime allows for students to receive additional support from teachers during the day with teachers they choose or that summon them. We will increase our use of this support as a way for both teachers and students to schedule themselves for support during the school day and sometimes before and afterschool.

Next Thursday and Friday, Oct. 17 and 18, we are hosting Parent/Teacher Conferences. In preparation for the conferences, please develop questions that you want to ask teachers, as this time is designed to be a two way conversation. The following link provides examples of questions to ask <a href="https://www.verywellfamily.com/questions-to-ask-at-a-parentteacher-conference-620921">https://www.verywellfamily.com/questions-to-ask-at-a-parentteacher-conference-620921</a>. We look forward to seeing many of you over the course of these two days.

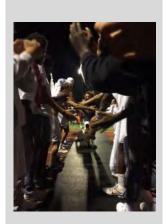
At the beginning of the school year, I communicated the importance of school and class attendance. I would like to repeat that strong class attendance is the number one indicator of academic success at BHS. Students cannot learn if they are not in class. How do you know if your student is struggling with attendance? The initial feedback will come through the school's "robo-call" that will alert you to an unexcused absence in one or more of your student's classes during the course of the day.

You should also expect to hear from your student's teacher if there are concerns about attendance and academic progress. We made some important strides last year growing the partnership between home and school and wish to continue.

Let's Go Seahorses!

## BHS SEAHORSE PRIDE!

BHS girls soccer defeated Colchester last night 2-1 at a spirited home game. The boys and girls teams are both doing very well this year and have been supporting each other in true Seahorse Spirit fashion. After the game, the boys team formed a gauntlet to cheer the girls on as they left the field. It was amazing.





#### \*\*IMPORTANT\*\* Modified Schedules for Next Week

10<sup>th</sup> and 11<sup>th</sup> Grade Pre-ACT & PSAT Wednesday, October 16, 2019

7:30 - 8:00 Breakfast available in the cafeteria

7:50 - 8:05 10<sup>th</sup> and 11<sup>th</sup> Grade students report to school

8:05 - 11:35 10<sup>th</sup> & 11<sup>th</sup> grade PSAT & Pre-ACT testing

\*\*\*See testing rooms posting on the windows of the main office.\*\*\*
11:30 - 12:10 - Lunch is available "Grab 'N Go" style

12:00 All other students report to school.

Block 3 12:10—12:50 PM

Block 4 12:55 – 1:35 PM

Block 1 1:40—2:20 PM

Block 2 2:25—3:05 PM

# Parent-Teacher Conference Early Release Schedule Thursday, October 17, 2019

Block 4 8:05 – 9:00 AM

Block 1 9:05 – 10:00 AM

Block 2 10:05 – 11:00 AM

Block 3 11:05 AM – 12:00 PM

\*\*BTC classes are is session as usual.\*\*

\*\*Lunch will be Grab & Go from 10:30 - 12:30.\*\*

Thursday, October 17th, Parent-Teacher Conferences will be held in the Cafeteria and Gymnasium from 3:00 pm— 7:30 pm.

Friday, October 18th, Parent-Teacher Conferences will be held in the Cafeteria and Gymnasium from 7:30 am-11:00 am.

# UPCOMING EVENTS



#### **General Bus Info**

We are placing a heavy emphasis on student attendance and being on time. Please help us by ensuring that your students arrive at school before 8 am. This is a vital, life-skill that our students must learn. Students who ride the bus are encouraged to be aware of the bus schedule to avoid arriving after 8 am. GMT buses are not on a schedule to arrive at BHS at a particular time, therefore students need to be sure that the bus they are taking arrives before 8 am.

Call GMT rides with Questions: 802-864-2282



#### Annual Student Update—ACTION REQUIRED, Time Sensitive

Dear Families,

It is time for you to complete the online Annual Student Information Update for your student. The form asks you to update critical information, such as emergency contact information, medical information, etc.

Please go to the following <u>link</u> to Powerschool to update their information; if you do not already have an account in Powerschool (most of you do), then please refer to the directions below in order to create the account.

NOTE: If student information is not updated that student may not be allowed to return to school until their update is complete.

If you have questions or need assistance, please contact BHS @ 864-8411.

Thank You!

#### A Short Note from the BHS Athletics Department

Did you know you can access all team rosters under the new Burlington Athletic Website from the game? Visit <u>burlingtonathletics.com</u> and select your team page to view schedules, rosters, and daily updates. Go Seahorses!!! See you at the games!

#### **#EqualPay Jersey Sale Extended Due to Popular Demand!**

It's not too late! Due to popular demand, the girls soccer team has extended the order deadline for Nike Dri-Fit jerseys (white with blue letters) with #EqualPay emblazoned on the front, the mighty Seahorse on one sleeve and the Change The Story VT logo on the other. The goal is to raise awareness about the gender pay gap in Vermont and to raise scholarship funds for Burlington girls to access youth sports.

Cost for jerseys is \$25 for adults (men's and women's sizing available) and \$18 for youth sizes (one fit). If you reserved your shirt in September you can buy it at the BHS Snack Shack (payment to Seahorse Pride) in time for a Superfan White Out at the 10/18 Senior game vs South Burlington (6pm). There will also be a small number of "extra" shirts at the game, available for purchase.

Reserve your own shirt using this form (https://airtable.com/shrAJjuG7PV7hjr2c) by Oct 22nd - they will be available in mid-November. Go Seahorses!

#### **Champlain Café Open for Business!**

Champlain Café of BTC Vermont is hosting "Celebrating Our Roots" in the café on Friday, October 11<sup>th</sup>. This week our theme is celebrating root vegetables, especially those grown right here in Vermont. We will be offering take out meals this week; we will not be open next Friday, October 18<sup>th</sup>, due to no classes for BTC/BHS students. We will re-open on October 25th, with our Second Annual Transylvanian Menu, with take out and full service dining available. On the next Friday, November 1<sup>st</sup>, we will offer our Third Annual Día de los Muertos Menu. As always, we appreciate your support for our culinary arts students.



# IMPORTANT CHANGE AT BHS

We have a new member of our school community with severe seafood allergies. Each time someone with an allergy is exposed to an allergen it makes the reaction worse.

In order to provide a healthy space where all students can learn, stay

safe and be healthy, the school will become **a** 

### seafood free school.

With this in mind, please ensure all snacks and lunches that your child brings to school do not contain the specific foods listed below.

Lobster, Crab, Shrimp,
Anchovies, Sushi,
Ramen (any flavor),
seaweed or fish chowders, fish sauce.

Please wash hands with soap prior to entering the school building.

Please note that foods
that do not contain
seafood or anchovies may
be processed on
equipment with these
foods. Therefore, it is
important to check food
labels carefully.

#### **Greetings from Seahorse Pride- Your BHS Parent Volunteer Group**

We hope everyone enjoyed Open House last month and had the opportunity to visit their children's classrooms and meet their teachers. Another HUGE thank you to Tammy Kuypers for organizing the delicious pasta dinner that night!

And in case you haven't seen it yet, BHS now has a Mamava! A Mamava is a quiet, secure breastfeeding station for new mothers. It is located in the hallway outside the gym near the windows. If you are attending your student's performance, concert or athletic event and would like to use the Mamava, please contact Teresa in the office for the entry code. The Mamava was made possible by a generous donation from Mamava and financial support from Seahorse Pride.

**Please join us** for our monthly meeting next Monday, October 14, at 6 pm in the BHS library. ALL ARE WELCOME!

Seahorse Pride is happy to support all student enrichment activities including Academics, Arts and Athletics. We earn revenue by running concessions at games but the earnings we receive are not spent solely on athletics. If you would like to join us in our fundraising efforts, please email us at <a href="mailto:SEAHORSEPRIDE@gmail.com">SEAHORSEPRIDE@gmail.com</a>.

#### We are looking for concessions volunteers for the following events:

10/11 Boys Varsity Soccer vs. Rice @ 6 pm (Senior Night)

10/15 Girls Varsity Field Hockey @ 6 pm (Senior Night)

10/18 Girls Varsity Soccer vs. SB @ 6 pm (Senior Night)

11/2 D1 State Soccer Championships 10 am - 3 pm (hourly shifts available)

Please get in touch if you are available to help us with any of these games.

Thank you all and looking forward to having you join us at these events.

#### **Women Can Do! Career Immersion Experience**

#### Women Can Do!

**Thursday, October 17**<sup>th</sup>, at Vermont Technical College in Randolph Center. (This white day is an early release day for students.)

Women Can Do! is a one-day career immersion experience for 9-12th grade girls from across Vermont. It features dozens of hands-on workshops and action stations highlighting careers in the skilled trades and STEM (science, technology, engineering, and math) fields.

Students interested in attending should see Mrs. Skoglund in A-320.

Registration forms are due ASAP.

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#### **Seahorse Pride Meeting**

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#### PSATs & Pre-Act LATE START

Wednesday, 10/16

Monday.

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Follow us on
Facebook and
Twitter! (twitter
handle =
@PrincipalGre)

# October 11<sup>th</sup> Our Lives, Our Lungs Movie Release Party & Community Dinner

When: Friday, October 11<sup>th</sup> from 6 - 7:30 pm
Where: Miller Community Center, 130 Gosse Court, Burlington
Free Italian dinner and Samosas from Kismayo provided!

The first 30 Burlington parents to arrive will win a \$10 Hannaford Gift Card!
Maay Maay, Somali, & Nepali interpretation services provided.

EVERYONE is welcome! Activities provided for young children.

Contact tara@burlingtonpartnership.org for more information.

**Details:** Our local high school prevention group, Above the Influence Burlington, is excited to share their latest project with their community. *They created a PSA to call out the deceptive marketing practices of the Big Tobacco industry to target minority populations and they'll premiere it at the event over a shared meal.* Come out for some good food and to support your local youth!

Let us know you are coming on the <u>facebook event!</u>

#### BHS Writing Lab and Math Lab Now OPEN to All Students

For the Fall semester, the new BHS Writing Lab is located in the library mezzanine during blocks W1, W2, and B4. The goal of the Lab is to assist BHS students with any and all high-school writing assignments, as well as to provide guidance for students that are working on college applications, resumes, cover letters, etc. Staffed by BHS English teachers, the Lab collaborates with students in an effort to strengthen their writing skills and improve timely work completion. Students may drop in during these blocks or schedule appointments via advisory.

The new BHS Math Lab is also open and staffed for all 4 blocks throughout the day. It is located in the Agnes Kelley room in the back of the Library. Students may drop in during a free block or schedule appointments during advisory.

We hope our students will take advantage of these new opportunities!

# Spirit Week Was a HUGE Success Here at BHS!

Here is student Alex Nguyen showing Seahorse Pride!



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# SCHOOL NEWS AND OTHER INFORMATION

The Burlington School
Food Project is hiring!
Do you love cooking or
want to learn more? Do
you love kids? Then we
want to hear from you!
School kitchen positions
start at \$15.23, have
flexible hours, and follow
the BSD calendar. Apply
on School Spring today!
Questions? Contact
schoolfood@bsdvt.org



Have an idea for an afterschool activity? Let's start one! I'd love to hear your idea and help get it off the ground!
Students,
Faculty and Staff!
Come and see me,
Sheryl Haiduck, in room D210 or email shaiduck@bsdvt.org.



#### **Burlington City and Lake Program Exciting News!**



Left: BHS senior Liliana
Venner convened a conversation about gender equity
with conference attendees.
PHOTO - Brian Jenkins

Right: BHS senior Jensen Daly led a conversation about how education can support the United Nations Sustainable Development Goals with conference attendees.





Flyers are Included at End of This Newsletter!

#### Pre-ACT and PSAT/NMSQT FAQs

#### Pre-ACT

Who takes the Pre-ACT? BHS students in tenth grade are taking the Pre-ACT.

When is the Pre-ACT being given? Wednesday morning, October 16, we are administering these tests. Tenth-grade students are taking the Pre-ACT and eleventh-grade students are taking the PSAT/NMSQT. Breakfast is available from 7:30AM-8AM. Students are to arrive no later than 7:50AM. Testing starts at 8:05 and will end by 11:35AM. All other students (grades 9 and 12) are expected to arrive to start classes in the afternoon at 12:30PM. Lunch will be available starting at 11:30AM. All students that are not taking tests or enrolled in a BTC program are expected to attend their tech class as usual.

**What is the Pre-ACT?** This is a pen and paper standardized multiple-choice assessment. The PreACT simulates the ACT testing experience within a shorter test window on all four ACT test subjects: English, math, reading and science.

Why are students taking the Pre-ACT? This standardized test helps us to gauge total school performance and helps students to prepare for the experience of taking the ACT. This test provides information regarding their future performance on the college entrance exam (ACT). More information can be found here: http://www.act.org/content/act/en/products-and-services/preact.html This test has no direct implication on college admissions. The scores are not shared with colleges. They are tools to monitor where we are as a learning community and prepare students for future learning and testing.

Are calculators required for the Pre-ACT? Calculators are not required for the test. Many students do not use them. Students who wish to use calculators should bring their own. ACT advises that calculators "are allowed but not required" on the math section. Only certain calculators are allowable. A basic four-function calculator will be available to use in the classroom. The up to date calculator policy can be accessed at: http://www.act.org/content/dam/act/unsecured/documents/ACT-calculator-policy.pdf. No INTERNET capable devices are allowed.

How do we best prepare for the Pre-ACT? The long-term preparation for standardized assessments in English, math, reading and science begins in kindergarten and continues throughout school. The Pre-ACTs are a precursor to the ACT. Information on additional preparation for the ACT assessments can be found at:http://www.act.org/content/act/en/products-and-services/the-act/test-preparation.html The best short-term prep is a good night's sleep and a healthy breakfast. We suggest that students bring sharpened no. 2 pencils (mechanical pencils and ink pens are not allowed). We will have pencils available for use. Pre-Administration for the Pre-ACT will occur on Monday, October 7 and Tuesday, October 8 during Advisory.

#### Results?

By the end of January, BHS will receive Pre-ACT results and make them available to parents and guardians.

#### PSAT/NMSQT

Who takes the PSAT/NMSQT? BHS students in eleventh grade are taking the PSAT/National Merit Scholarship Qualifying Test (PSAT/NMSQT).

When is the PSAT/NMSQT being given? Wednesday, October 16, we are administering tests in the morning. Eleventh grade students are taking the PSAT/NMSQT and tenth grade students are taking the Pre-ACT. Breakfast is available from 7:30AM-8AM. Students are to arrive no later than 7:50AM. Testing starts at 8:05AM and will end by 11:35AM. All other students (grades 9 and 12) are expected to arrive to start classes in the afternoon at 12:30PM. Lunch will be available starting at 11:30AM. All students that are not taking tests or enrolled in a BTC program are expected to attend their tech class as usual.

What is the PSAT/NMSQT? This is a pen and paper standardized assessment. The PSAT has two

sections: Math and Evidence-Based Reading and Writing. There is no essay component. This test is administered by the College Board and cosponsored by the National Merit Scholarship Corporation (NMSC).

Why are students taking the PSAT/NMSQT? This standardized test helps us to gauge total school performance and helps students to prepare for the experience of taking the SAT. Millions of U.S. students take the PSAT/NMSQT each year. The scores from the PSAT/NMSQT are used to determine eligibility and qualification for the National Merit Scholarship Program. Scores are also used in consideration of other scholarships outlined here:

https://collegereadiness.collegeboard.org/psat-nmsqt-psat-10/scholarships-and-recognition/scholarship-p

artners-program s The PSAT/NMSQT prepare students for the SAT and also help us to gauge total school

performance. More information can be found at:

https://collegereadiness.collegeboard.org/psat-nmsqt-psat-10.

Additionally, after taking the PSAT/NMSQT, students may access focused support from the Khan Academy, based on their results. Additional information can be found at:

https://www.khanacademy.org/sat.

This test has no direct implication on college admissions. The scores are not shared with colleges. They are tools to monitor where we are as a learning community and prepare students for future learning and testing.

**Are calculators required for the PSAT/NMSQT?** Calculators are not required for the test. Many students do not use them. Students who wish to use them should bring one of their own. A basic four-function calculator will be available to use in the classroom.

They are permitted on a section of the PSAT but not necessary. Allowed are:

- Graphing calculator (most models permitted; see *Official Student Guide* for list: https://collegereadiness.collegeboard.org/pdf/official-student-guide-psat-nmsqt-2017.pdf)
- Scientific calculator
- Four-function calculator

No INTERNET capable devices are allowed.

**How do we best prepare for the PSAT/NMSQT?** The long-term preparation for standardized assessments in Math and Evidence-Based Reading and Writing begins in kindergarten and continues throughout school. The PSAT/NMSQT is a precursor to the SAT.

The best short-term prep is a good night's sleep and a healthy breakfast. We suggest that students bring sharpened no. 2 pencils (mechanical pencils and ink pens are not allowed). We will have pencils available for use. Pre-Administration for the PSAT will occur on Wednesday, October 9 and Thursday, October 10 during Advisory.

#### Results?

By the end of January, BHS will receive PSAT results and make them available to parents and guardians.



See Ms. Evans for more information!

# Dirt Chic and August First's Fifth Annual

# COATS & COFFEE WINTER COAT DRIVE

Bring in your gently used men's, women's, and children's winter coats, boots, hats, scarves, and gloves and get a coupon for a free coffee at August First AND a 10% coupon towards your next purchase at Dirt Chic!

Women's sizes XL+ and menswear especially

Women's sizes XL+ and menswear especially needed!



We will distribute your donations and serve hot coffee and snacks to those in need at a private event at the Salvation Army.

Bring your donations to:

DIRT CHIC

67 Main Street Burlington, VT

through Saturday, November 16

# Dirt Chic & August First's Fifth Annual COATS & COFFEE Sunday, November 17, 12-1

Receive a FREE WINTER COAT &
ACCESSORIES
compliments of Dirt Chic

And a FREE HOT COFFEE compliments of August First

at THE SALVATION ARMY
64 Main St
Burlington

Dirt Chic: 802-863-1461

\*One coat per person

## You're Invited



# Our Lives Our Lungs

Movie Release Party & Community Dinner

Friday, October **11** 6:00 - 7:30 pm

Miller Community Center 130 Gosse Court Burlington, VT 05408

We are so excited to share our latest project with you and to thank you all for your support. Our family and friends are what make it all possible!



FREE DINNER (Italian and Samosas from Kismayo)!
First 30 Burlington parents win a \$10 Hannaford Gift Card.
Maay Maay, Somali, & Nepali interpretation services.

**Everyone is welcome!** Activities will be provided for children. Email tara@burlingtonpartnership.org for more information.



**RIGHT SLEEVE: 3"W X 3"T** 



ADVANCING WOMEN POWERING THE ECONOMY

FULL FRONT: 10"W X 2"T

**#EQUALPAY** 



ORDER NUMBER: 29005 DATE: SEPTEMBER 30, 2019

LEFT SLEEVE: 1.5"W X 3"T



**FULL BACK** 

NAME

6"

**INK COLOR: NAVY** 

# Writing Center

Located on the Library Mezzanine



White, Block 1
White, Block 2
Blue, Block 4

- Essays
- Articles
- . Science Labs
- . Short Stories
- Resumes
- . College Essays
- . Love letters