#### APRIL 2ND, 2021

## THE REEF

Burlington High School's E-Newsletter

### Spring Testing, Cookie Caper, April Fools, and More at DTBHS

Our first month at DTBHS has officially flown by! We have experienced a warm welcome from the community in many forms, from <u>staff and student discounts</u> around town to people dropping by with goodies and swag, to a full-on Cookie Caper hosted by St. Paul's Cathedral!

On March 25th and 26th, members of St. Paul's Cathedral baked hundreds of cookies and other sweet treats and handed them out as a welcome to the neighborhood for our BHS students, faculty, and staff! Thank you St. Paul's Cathedral for all the yummy treats!



Spring Testing kicked off in a big way this week with ACT Testing for 11th graders on Tuesday, March 30th and our first round of SBAC testing for 9th grader on March 31st. Thank you all who to participated, proctored, helped organize, and made our two testing days a huge success! lf vou have questions about testing, please reach out to your counselor.

BHS Staff enjoying cookies!

Our BHS Register did a great job reporting on some pretty wacky news this April Fools Day! If you haven't read the articles yet, please check out <u>https://bhsregister.com/</u> for a laugh today! Our first month at DTBHS has been filled with lots of warmth, joy, and great memories. We can't wait to continue making more as a Seahorse community! Thank you all for a wonderful first month at DTBHS!



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Well, March came in like a lion and out like a lamb, as the old saying goes. However, we received an excellent April Fools joke yesterday and today with snow, snow, and more snow! I know I'm not the only one looking forward to the sunny, warm days that I know are just around the corner!

Today starts Quarter 4 - our last quarter of this school year! Schedules are changing, new classes are starting for some while others are finishing out the final stretch of their semester classes. Seniors are wrapping up their PLP's and gearing up for Graduation, spring sports are underway, and we're all excited to what DTBHS hold for us Fall 2021.

If you have any questions about your Q4 classes, please reach out to your school counselor to make an appointment to discuss your schedule. A quick reminder - all students need 40 hours of community service in order to graduate. We recommend completing 10 hours per year (9th, 10th, 11th, and 12th grades) but if you find you're a bit behind, please reach out to your school counselor for volunteer opportunities.

Lastly, as we forge ahead into Q4, I want to reiterate how proud I am of the resiliency, flexibility, and creativity this community has shown. We have had a year full of ups and downs, surprises around every turn, lots and lots of attention from many different news outlets, some struggles and even more triumphs. Through it all, the BHS community stayed Seahorse Strong, proving that we really are #StrongerTogether.

Eyes on the prize, Seahorses! Thanks for bringing your best every day - lets finish strong!

Have a great weekend!

Principal McBride



### SEAHORSES SHOWING UP AND DOING BIG THINGS FOR THEIR COMMUNITY! WE ARE PROUD OF OUR STUDENTS AND PROUD TO BE SEAHORSES!

Still need community service hours? All Seahorses need 40 hours to graduate! Fill out this form <u>here</u> and send completed form to <u>mroach@bsdvt.org</u>!

The BHS Seahorses 2021 Penguin Plunge Team raised over \$4000 in support of Special Olympics Vermont! These efforts greatly benefit statewide efforts to increase opportunities for ALL athletes, and contribute directly to BHS Unified Sports.

Due to COVID-19, the traditional Cool Schools event did not occur this year. Instead, four students braved the Vermont winter temperatures and recorded themselves performing an activity in the snow while dressed in summer attire, including snow angels and jumping in Lake Champlain. Thank you to **Katie Comerford-Joyce**, **Cosmo Duncan**, **Lillian Connolly**, and **Ella Mason** for the awesome commitment to a worthy cause. You are appreciated individually and collectively.

One particular student deserves particular attention for her tremendous advocacy as a member of BHS Unified Sports programs. **Katie Comerford-Joyce** raised \$2440 via 41 donors this year. During her BHS career, she has raised over \$10,000 for Special Olympics Vermont. Additionally, she has participated in BHS Unified Bowling, Basketball, and Fitness. Great job, Katie!



Left: Cosmo showing his best Penguin Plunge Pose!

Right: Katie Comerford-Joyce All Smiles!



### **SPECTRUM SLEEP OUT 2021**

In the 7th year of the BHS sleep out for Spectrum, **66 students** participated and a total of **\$11,465.00 was raised for Spectrum services**! Great job and thank you to all of our participants!



Jason Huynh (11th), Josue Correa (12th), and Ethan Griffin (12th)



Gracie and Abby Mitchell (10th)



Paige Moody (11th) and Ella Embroggio (11th)



Hello Everyone,

We have made it through the Winter season and have a quick turnaround for Spring. Congratulations to all of our student-athletes and coaches for a wonderful season and for giving us plenty to cheer about!

Our high school seasons were highlighted by the BCHS SeaLakers Gymnastics program competing in its inaugural season, Boys Hockey winning its first playoff game in over a decade, Girls Basketball reaching the Final Four for the first time in five seasons, runners-up finishes by Bowling and the BCHS SeaLakers Girls Hockey programs, and the first Nordic championship in Burlington history by the Girls Nordic program.

BHS Baseball's pitchers and catchers first reported for Spring Training on Monday, March 29. The first full day of practices and tryouts for high school Spring sports is Monday, April 5. The first day for middle school sports is Monday, April 12.

Register on <u>FormReleaf for BHS Athletics</u>. Register here for <u>Hunt Athletics</u>. Register here for <u>Edmunds Athletics</u>.

We are excited to continue our partnership with Burlington Youth Lacrosse for our middle schools this Spring. We are also excited to offer Volleyball, Ultimate Frisbee, and Kickball as intramural sports for our middle schoolers in addition to our normal Baseball, Softball, and Track & Field programming.

• We are still hiring for middle school coaching positions. Apply on our district website today!

As always, please don't hesitate to reach out with any questions or concerns.

#SeahorsePride #BSDVTAthletics #WeALLBecomeSEAHORSES

Quaron Pinckney District Coordinatior - Head of Athletics, Burlington School District



#### Attention all rising Juniors and Seniors;

Interested in exploring a college course before you graduate from High School? Enroll in Dual Enrollment this Summer or Fall 2021! Registration is open! All rising juniors and seniors have access to two FREE college classes. Students receive both high school and college credit for successful completion. Please reach out to Dhyana Bradley at dbradley@bsdvt.org and discover the possibilities. (Many summer classes start in May so please meet with Ms. Bradley ASAP!)

> CCV Champlain College SMC UVM VTC

#### For rising Sophomores and Juniors;

CCV offers a free, non-credit Introduction to College & Careers (ICC) course for high school students each semester. ICC prepares you for college by helping you set goals, problem-solve, manage time and stress, improve communication skills, take better notes, reduce test anxiety, and plan financially. For more information, please reach out to Dhyana Bradley at dbradley@bsdvt.org

#### Explore Early College for your Senior year;

If you are a rising senior, CCV's Early College program allows you to spend your entire senior year at CCV earning college credits while finishing your high school diploma, and getting a jump on your college degree, tuition free! For more information, please email Dhyana Bradley at dbradley@bsdvt.org



### Congrats to the following National Technical Honor Society Inductees!



Aiyana Bullock – Cosmetology Sabina Pradhan – Cosmetology 2 Sustika Rai – Cosmetology Arati Rasaili – Health Informatics



These students are members of the CTE Program and have been selected to the NTHS for their academic excellence in their courses. Well done!

Click <u>here</u> for a complete list of Expanded Learning Opportunities and BHS Clubs updated regularly!

Extra Curriculars ENRICH YOUR EXPERIENCE

## ANNOUNCEMENTS

**NVTFHC & SWANTON REC** SPRING FIELD HOCKEY At Highgate Arena Join high-caliber coaches from Swanton Field Hockey, MVU Field Hockey, and NVTFHC for a 6 weeks of indoor skills sessions and scrimmages! WHAT: Indoor Fundamental Field Hockey for Grades 1-6. Skills sessions for grades 7-12! Scrimmages from 5th grade through adult players with each session! WHERE: Highgate Arena on the indoor turf 243 Gore Road, Highgate, VT 05459 WHEN: Mondays and Wednesdays from April 5th to May 12th Please visit Swanton Recreation to register for both skills sessions and scrimmages!



IF YOU'RE LOOKING FOR SOMETHING TO DO THIS SPRING, COME JOIN MS. HOYT AND FRIENDS AT HIGHGATE ARENA MONDAYS AND WEDNESDAYS STARTING APRIL 5TH FOR SPRING FIELD HOCKEY SKILL SESSIONS AND SCRIMMAGES! REGISTER HERE TO JOIN THE FUN!

**Students,** if you are interested in providing feedback to Senator Bernie Sanders about how the American Rescue Plan can provide summer opportunities for you, please complete his brief survey <u>here</u>.

# ANNOUNCEMENTS



Have you seen the awesome Meal Kits that are being distributed by the <u>Burlington</u> <u>School Food Project?</u> Each kit contains 7 breakfasts, 7 lunches, 7 snacks, and 7 suppers! These boxes include many fresh fruits and vegetables, and are designed to cover meals for remote days, weekends, holidays, & breaks. They can also help you to prepare your own meals to send to school with your student! **These kits are available at no cost for ANY CHILD 18 and under.** Each week, we are creating, packaging, and distributing over 700 of these kits. That's nearly 20,000 meals and snacks per week!

Do you have a few hours a week to help us get these kits prepared for our community? We have many openings and are very flexible with days and hours! Please <u>visit this</u> webpage to apply for this fun and rewarding opportunity! Positions start at \$15.23/hour.

Reach out to Doug Davis (<u>ddavis@bsdvt.org</u>) with any questions!



## Attention Seghorses:

Do you live in the Northgate area? Have you been taking the **Red Line** to get home after school?



Now you can take the **Northgate Express**, which picks up <u>directly outside of</u> <u>DTBHS!</u>

<u>Click here</u> to view the Northgate Express schedule!

Are <u>YOU</u> receiving emails from BHS?



If you are not receiving emails from BHS, Ms. McBride, Ms. Hoyt, or the office of the Superintendent, you may need to update your Annual Student Update!

Click on the clipboard above to access PowerSchool and complete all of the Annual Student Update forms under the "forms" tab on the left hand side.

If you cannot access your PowerSchool account, please reach out to Emily Merrill at emerrill@bsdvt.org.

## HELPFUL LINKS AND INFORMATION

Links from this week's newsletter and more can be found below. Please reach out to Ms. Hoyt at <u>bhoyt@bsdvt.org</u> if you have questions, comments, or feedback.

### **BHS School Counseling Page**

(including help with transcript requests, registration needs, and scheduling virtual meetings with your school counselor)



### Free and Reduced Lunch Form



A reminder: all meals at DTBHS are free of charge for those who attend in-person!

BSD Website - https://www.bsdvt.org/

BHS Website - https://bhs.bsdvt.org/

BHS Athletics Website - https://burlingtonathletics.com/

BHS Afterschool Activities and Clubs - https://bhs.bsdvt.org/about-our-school/clubs/

BHS Online Apparel Store: https://ptsteam.com/burlingtonvt247

PowerSchool Link: https://psapp.bsdvt.org/public/home.html

Jostens Website (Cap & Gown/Graduation Purchases): https://www.jostens.com/apps/store/productDetail/1120524/Burlington-High-School/-/1338281773/CATALOG\_REPOSITORY/Cap-and-Gown-Unit/1430304737/

Burlington School Food Project: https://www.burlingtonschoolfoodproject.org/

**Meal Kit Pick-up Locations:** https://www.google.com/maps/d/u/0/viewer?ll=44.48455132364626%2C-73.22935700000001&z=14&mid=1tG9AR47A2ssnpL7vHcfSY7KLeJQFGfTs

Application for Meal Kit Preparation/Distribution: https://bsdvt.tedk12.com/hire/ViewJob.aspx?JobID=1552

Church Street Marketplace Student Discount List: https://churchstmarketplace.com/bhs-discounts

# SEAHORSE NATION



## **ONLINE APPAREL STORE**

Looking to show your Seahorse Pride while you're learning at home? Unsure where to go to get the latest BHS Swag? Check out our online store!

All orders ship within **7-10 business days** of ordering, and arrive right to your door!

Click the flyer above to access the store, or follow the link <u>here</u>. LETS GO, SEAHORSES!!