

[illegible]

# COURSE DESCRIPTION BOOKLET and POLICIES

# Burlington High School Year End Studies (YES) Session

## Table of Contents

Overview and Policies .....	3-4
List of Courses.....	5
Full Day Classes .....	6-9
Morning Classes .....	10-15
Afternoon Classes .....	16-21
Registration Planning Sheet .....	22

2023

*June 1- June 14, 2023*

FULL COURSE DESCRIPTION BOOKLET and POLICIES

# Year End Studies (YES) Session

## Overview

BHS concludes the second semester of school with the Year End Studies session. As part of the academic school calendar, the YES session offers all students of the BHS community exciting alternatives for learning. These non-traditional courses expand student understanding and inspire new student interests. Intensive, interest-driven opportunities enhance enthusiasm for learning and strengthen relationships within BHS and the Burlington community.

## Session Dates

The 2023 YES Session will run from June 1st through June 13th, 2023. Presentation of Learning day (POL day) will take place from 9:00-1:00pm on Wednesday, June 14th, 2023.

## Schedule Options

Students must participate in one of the following:

- Two half-day courses (morning/afternoon)
- One full-day course (9:15-2:15pm)
- BTC class and one half-day YES course

### Two-Course Schedule

8:00-9:00 Credit Recovery  
9:15-11:15 Morning Course  
11:30-12:00 Lunch  
12:15-2:15 Afternoon Course  
2:30-3:30 Credit Recovery

### Full-Day Course Schedule

9:15-2:15  
(includes a lunch break)

## Registration

Course descriptions will be accessible on the BHS website for students to read prior to registration. An online registration form will be available for all students to complete from Monday, January 16th **through Friday, January 20th**. Students will select their top five choices for full-day classes or select five morning classes and five afternoon classes. Course assignments will be posted in late April.

## Attendance

All students must attend and participate every day during the YES Session including the Presentation of Learning (POL) day. Reminder: The YES session is an intensive 10-day session and part of the academic school year; please schedule all appointments before the start of YES or in the afternoons after 2:15pm. Please plan family vacations after the last day school Wed., June 14th.

*\*Any absences will be reviewed by the YES Session coordinators and administration to determine if a student will receive YES credit.*

## Common Questions

*There is no add/drop period for YES classes. Students cannot repeat courses. There is no seniority.*

## Grading

Credit/No Credit

## Graduation Requirement

Successful completion of a YES Session each year is a graduation requirement at BHS. **A special note to seniors:** Seniors who fail to earn YES Session credit will NOT be eligible to attend the graduation ceremony or receive their diploma. The senior must successfully complete a YES Session option for credit recovery (see section below).

## Options for Students Who Do Not Earn Credit for the YES Session

Students who fail to earn YES credit can recover the YES Session credit by successfully completing one of the following:

- Meet with Principal and YES Coordinator to identify an alternative POL day
- Attend an academic camp or institute (prior approval required)

*\*If a student is not eligible for the above options, a meeting with YES coordinators and administration is required to develop a plan for recovering YES credit.*

## Credit Recovery

Credit Recovery is for students who fail a course during the regular school year with an overall average of 53%-59%. Credit for this course is earned pending teacher approval.

## BTC Students

Students participating in BTC programs will attend their BTC classes as regularly scheduled AND participate in one YES course. For example, if you take a morning BTC class, then you will take an afternoon YES course. If a BTC student is interested in a full day course or trip, then they must have written permission from their BTC instructor to enroll.

## Athletics

If a student opts to take an off-campus course, the student must arrange their own transportation back to the school when an early dismissal is required. **VARSITY ATHLETES:** Please be aware that participating in a course with overnights could impact your playoff season. Be sure to communicate with your parents and coaches before making your decision.

## Questions?

Please email the YES Committee if you have questions or concerns at [yes@bsdvt.org](mailto:yes@bsdvt.org)

# No Independent Study in 2023

The YES Committee will not be accepting Independent Study Proposals for the 2022-2023 school year. Although this was a difficult decision, we are excited to see all students actively participating in the amazing course offerings.

## Click on a course to take you to the course description:

### ***Full Day Courses:***

A Walk on the Wild Side (of Burlington)  
Advanced Lake and Pond Fishing  
Advanced Mountain Biking  
All The World's a Stage!  
American Red Cross Lifeguard Certification  
Art of Science (Also AM & PM 1/2 Day Options)  
Baker's Kitchen  
Exploration of Aviation  
Girls Can Hike

### ***Full Day Courses Continued:***

Graveyards & Creemees: Burlington's Past Lives  
Growing Grassroots  
Habitat For Humanity  
Hiking in Vermont  
Land & Nature  
Mind Body and Community: Yoga in Burlington, VT  
Paddling the Lake Between  
Teacher Helper in Elementary/Middle Schools  
Transmitting to the World

---

### ***AM Half Day Courses:***

African Dance  
Arabic 101  
Art of Science (Also PM & Full Day Options)  
Beginner Strength Training  
Biking and Walking Adventures in Burlington!!!  
Book Club: On Earth We Are Briefly Gorgeous  
Chess Fundamentals and Variants  
Coffee  
Creative Writing Workshop  
Drone Programming  
Exploring Nature in Chittenden County  
Fashion Design - TRASHion Design!  
Filmmaking  
Fitness Unified  
Fun with Paper Mache (this class is also offered in PM)  
Getting to Know Montreal  
Give Blood, Play Rugby  
Introduction to Photography (also offered in PM)  
Jump Start Summer Reading  
Latin Dance  
Leadership Summit  
Lifetime Outdoor Games  
Make-up Artistry  
Making Movies  
Poker: Skill not Chance  
Pursuit of Happiness  
Running for Health and Fitness  
The Simpsons and Society  
Skatepark  
Sustainable Energy Infrastructure  
Taskmaster  
That's Trash! Green Up BHS  
Wilderness & Remote First Aid  
World of Heroes

### ***PM Half Day Courses:***

Art of Science (Also AM & Full Day Options)  
Beating the House... or Not  
Book Love: Reading for Fun  
Diamond Art  
Dragon Boat  
Escape (room) BHS!  
Exploring Vermont's Religions  
Fun with Paper Mache (this class is also offered in AM)  
Inclusive Art Project  
Introduction to CrossFit  
Introduction to Photography (also offered in AM)  
Knitting  
Lawn Game Cup  
Michael Jordan Film Study  
Music in *The Lord of the Rings*  
Nature Writing  
Paper Crafting: It's All Possible  
Preparing for an Athletic Future  
Rock Climbing  
Sailing and Leadership  
Short Story and Poetry Composition  
Smellable Art: Making Natural Perfumes and Colognes  
So you Want to be a Snowboard Designer?  
Stephen King on Page and Screen  
Swimming! For Safety & Fitness  
Tennis  
The Art of Cursive and Brush Lettering  
The French-Speaking World through Movies  
The Game is Afoot: Sherlock Holmes  
The Land of Czars: Russian Language and Culture  
When Studio Ghibli and The Avatar Series Collide!  
Women in Leadership  
You Can Get There: Bicycle Maintenance & Adventure



# Full Day Classes Offerings

## **A Walk on the Wild Side (of Burlington)**

Burlington is WAY wilder than you think. Get outside and explore the wild side of our city in this YES course. You'll get to know some of your non-human neighbors - from birds, to trees, to wildflowers. Expect to be outside every day walking or occasionally canoeing. We will make connections with a variety of local experts and organizations as we explore the natural communities of Burlington. Specific writing connections include keeping a nature journal.



## **Advanced Lake and Pond Fishing Session**

Advanced fishing is a full day program designed for students who have prior fishing experience and have a clear understanding of how to use lures and live bait to catch different species of fish. Students will use their own spinning, baitcasting and fly rods to explore local water bodies. Students must have their own fishing tackle, purchase a fishing license and be good swimmers.

*Note:* Credit Recovery students are not eligible for Advanced Lake and Pond Fishing as an earlier start time on several days will conflict with Credit Recovery.

## **Advanced Mountain Biking**

Vermont is one of the most beautiful places to bicycle in the world - discover why for yourself! We will do day-long mountain bike rides around the area and teach you how to properly ride longer distances, what mountain biking is all about, and learn some Vermont history and geography. We will also learn about community involvement in building trails and look at public trails built on private land such as Kingdom trails. Students will have to reflect after each day's ride in a daily riding journal, noting what they liked about the daily trails and what they didn't like, as well as personal growth reflections.



## **All The World's a Stage!**

Over the course of our two weeks together we will write a one-act play that we will ultimately perform for our POL (Presentation of Learning). This process will incorporate not only writing workshops, but also acting tutorials, costume/set design, improvisational techniques, and even direction/production. We will connect with "The Sparrow Project", an organization that facilitates theatrical workshops to hone not only your dramatical craft, but also your own personal development. This course is a creative explosion and seeks individuals interested in some (and not necessarily all) aspects of the theatrical process.

## **American Red Cross Lifeguard Certification**

Students who take this full-day class will spend their YES time earning their life-guard certification. Students will be certified to work at a pool or in open-water situations after successful completion of the class. Students must be 15 years of age or older and be able to swim, tread water, and dive with confidence. The mornings will be spent in the pool learning life-saving techniques, and the afternoons will be spent in the classrooms learning about professional conduct. Students will be writing in their notebooks daily. The afternoon session will also include first aid training and CPR certification. Classes will meet at the YMCA of Burlington each morning and will be dismissed from the same location. Transportation to and from is up to the students. **There is a \$310 cost to take this class** and there is a limit of ten (10) students.



## Art of Science

*Full Day Option:* Students will use drawing and painting to explore the natural world. Different mediums and techniques will be taught and explored by observing natural materials such as rocks, plant and animal specimens, landscapes, and portraits. While being a skilled artist is not required, a desire to create art is. Students write reflections for their work. The full day course is recommended for those who love to draw for long periods of time.

*Half Day Option:* This course is offered in both full and half-day options. The half-day course is recommended for those with little or no art experience. See “Art of Science” in 1/2 Day Options below for more details.

## Baker’s Kitchen

Modeled after the cooking shows found on the FoodNetwork (that some of us own up to binge watching), this course will focus on baking basics and beyond. No worries if you cannot bake and are just learning or can bake like a pro - this full day course will focus on the sweet and savory of baking. We will have competitions with local judges, bake offs, mystery boxes, trips to local bakeries, visits to local farm-to-table organizations, and more! Just like chefs, you will be given a mise-en-place journal to keep your recipes, recipe notes, and any additions or learning notes you’d like to keep. You will use your mise-en-place journal and any pictures you take to create a group presentation for the ending POL.



## Exploration of Aviation

Interested in a career in aviation or just fascinated by the concept of flight? Spend most YES days at the Burlington International Airport learning about aviation from aviation professionals. Students will learn about all phases of flight: from navigation and flight planning, to calculating weight and balance, to pre-flighting an aircraft, to communicating with Air Traffic Control, to flying aircraft themselves using realistic flight simulators. We will examine the different systems that intertwine to provide the industry with layers of safety. The airport will be our classroom, as we work to

connect students with the VT Tech Professional Pilot Technology Program, the Burlington Air Traffic Control Tower, Heritage Flight, Beta Technologies, BTV Airport Operations, the Army National Guard, the Air Guard, the National Weather Service, the Vermont Flight Academy, and the Burlington Technical Center Aviation Program.

## Girls Can Hike

Hiking can be a wonderful way to discover local trails, make new friends, and get fresh air and exercise in the great outdoors. While our hikes will be introductory as well as challenging, this program will work on building confidence and an open mindset to conquer new challenges. Meet with other like-minded female students and explore the beauty of Vermont. Students will keep a journal and record in it at the summit of each hike. We will use their writing, along with pictures that are taken, to create a visual representation of the journey students took both around Vermont and personally during this YES program.

## Graveyards & Creemees: Burlington’s Past Lives

Students in this course will act as historical detectives, working to piece together the untold stories of ordinary citizens from our city’s past. We’ll tour several cemeteries, visit historic homes, and talk with local historians. We’ll explore the diversity of Burlington’s past lives (notable women, Black veterans of the Civil War, Italian immigrants, the city’s Muslim and Jewish communities, indigenous Vermonters, etc). For the project, you will work alone or in pairs to produce a short, photo-driven profile of a past resident to publish in VTDigger. The course involves a lot of walking and discussion, some community service in our cemeteries, and ample time for quiet thinking, research, and writing. We’ll also keep one foot firmly anchored in the present, finding a different place to get a creemee (or non-dairy frozen item) on each day’s mission.





## Growing Grassroots

Learn about local produce and local government with the team at the Intervale Center, Community Farm, and Food Hub and with Lieutenant Governor David Zuckerman on his Full Moon Farm in Hinesburg. Students in this course will have the opportunity to explore agriculture, enterprise, politics, and service through an experiential, practical, and engaging experience. Use food to create both personal and social change, nourishing yourself and your community in the process. Learn about the methods and means of providing healthier and sustainable food options for the people of Burlington and beyond. Work and learn in the fields, on the farm, and at the Farmer's Market. From cultivation to commerce to conservation, get your hands dirty and lean in to discuss and become active concerning issues you care about.



## Habitat For Humanity

Habitat for Humanity is a nonprofit organization that helps families build and improve places to call home. They believe affordable housing plays a critical role in strong and stable communities. During this YES Program, students will have a chance to be hands-on at a construction site in our Burlington Community. You don't need to know how to swing a hammer or put a block in place, but be prepared to get your hands dirty and learn some home improvement/construction skills and techniques. Come join us as Habitat for Humanity begins construction at

a property on Manhattan Drive! Writing Component: Students will take photos, complete daily journal entries, and take turns writing social media posts to share with Burlington community members.

## Hiking in Vermont

A variety of hikes will be completed throughout the class. Introductory hikes include walks on the bike path, through Ethan Allen Park, and into the Intervale. We will progress to more rigorous hikes on Camel's Hump, and finish with a hike up the highest mountain in Vermont, Mt. Mansfield. These ending hikes can be very difficult and we ask that you are in a condition to complete 4 hours of hiking up a mountain. In this class we will learn about the proper preparation necessary for day long hikes, study topography, and learn the benefits that hiking has on the cardiovascular and respiratory systems. We will also learn specifically about each place we visit - particularly the plants and animals of the region. Students will create a google slide presentation to convey their research and discoveries regarding the various places we visit for our hikes, as well as what they learned about hiking, diet, and personal health. You should be in relatively good shape in order to enjoy long hikes, like being outside, and have an open mind for any destination our feet may take us to.



## Land & Nature

Want to get out of the city and into a beautiful natural landscape? Are you ready to learn more about sustainability, nature connection, ecology, and food systems? In this course, we will explore our relationship with nature at Shelburne Farms - for the wellbeing of people and the rest of the natural world. Students will learn about issues related to sustainability, climate change, and our relationship with the land. We won't just talk about these issues, we'll be in nature. If you're ready to experience the spring and the arrival of summer, there's no better place to do it. Students will journal every day, reflecting on their experience and learning, as well as the process of learning in this new environment. Students will be asked to creatively demonstrate their learning including short writing exercises based on prompts related to the experiences. Students will also maintain the daily log. Finally, students will also write letters of appreciation to community partners.



### **Mind Body and Community: Yoga in Burlington, VT**

In this full day course you will have the opportunity to learn about and practice a variety of styles of yoga, engage in mindfulness techniques, get outside to enjoy nature in and around Burlington, and complete community service projects. The goal of this class is to explore and promote individual wellness while also connecting with the Burlington community. No experience in yoga is necessary - poses can be modified to fit any experience level! Please note that we plan to hike Mount Philo, go on nature walks, and visit local yoga studios. Students will journal after each yoga practice and outdoor experience to record their thoughts, feelings and reactions. Learn in the fields, on the farm, and at the Farmer's Market.

### **Paddling the Lake Between**

Canoeing is an ancient means of transport that carries with it so many life lessons about working together, moving intentionally, and creating minimal impact on the earth. In this YES class, we will explore the history and contemporary issues of Lake Champlain through the lens of environmental justice. Students will learn how settler colonialism and racism have shaped access to the lake's environmental benefits, and visit sites that exemplify core concepts of environmental justice - including the struggle for equal access to decision-making surrounding environmental issues and the need for everyone to have a healthy place to live, work, and play. Students will have a daily journal with prompts and a longer reflection paper midway through the course to share their learning. The course will primarily be conducted outside and will culminate in an overnight canoe camping trip.



### **Teacher Helper in Elementary/Middle Schools**

Students in this program will be working as volunteers in our BSD middle and elementary schools. The end of the year is a busy time in our K-8 schools and many of our schools are understaffed. Students will be paired up with a K-8 BSD teacher of their choice (likely a former teacher of theirs, but not necessarily) to provide classroom assistance for the duration of the YES Program. Connections with the cooperating teacher will be made in advance and all expectations of students will be made clear before the program begins. This is an excellent volunteer opportunity for BHS students, especially those who are considering a career in education. Students will be keeping a daily journal for the duration of the program. At the Presentation of Learning day, students will share their experiences with the rest of the program participants.

### **Transmitting to the World**

Students will build and launch two high-altitude balloons, each with a beacon transmitter so the balloon's position can be tracked as it floats around the earth. The balloon project will provide a structure for exploring a variety of STEM topics throughout the class, using an inquiry-based approach. Student's will track their team's balloon as it traverses the world, connect with ham radio users around the world who are collecting the balloon signals and entering them into a worldwide database that allows us to track the balloon trajectory. Students will also be asked to write about where their team's balloon has gone, what impacted that path, and the geography the student has studied as the balloon has traveled. Students can add both their analytical data and their interpretations and implications writing into their PLP if they choose to do so. Instruction and planning will be done with the entire group, while building of the balloon will be done by separate teams, allowing each student more hands-on experience and greater input into the balloon's features.

# Morning (Half-Day) Course Offerings



## **African Dance**

Students will learn how to do the Azonto dance. This dance involves a set of hand movements that either represent everyday activities or often show hilarious intentions. Students will be introduced to a variety of physical movements aimed at helping them learn the rudiments of African dance. African dance is fun and a form of exercise. It can help committed dancers reduce stress level and boost energy. Additionally, students who work diligently in this class could ultimately tone their body, improve their strength, increase their energy, and give themselves more opportunities to be flexible. Students will learn about the history and origin of African dance and write an essay on how African dance has evolved over the years.

## **Arabic 101**

Assalam Aleikum! Kayfek? Want to learn basic greetings, how to write your name in Arabic (as well as the whole Arabic alphabet), and watch some amazing Arabic music videos? Each day, we'll learn a few Arabic letters, practice writing them (from right to left), learn basic greetings and phrases and practice speaking them with each other, and get access to the Arab World through music, TV, and food. We'll make at least one meal together. Students will keep a notebook of the letters and phrases they've learned.

## **Art of Science**

*Half Day:* Students will use drawing and painting to explore the natural world. Different mediums and techniques will be taught and explored by observing natural materials such as rocks, plant and animal specimens, landscapes, and portraits. While being a skilled artist is not required, a desire to create art is. Students write reflections for their work. The half-day course is recommended for those with little or no art experience.

*Full Day Option:* This course is offered in both full and half-day options (both AM & PM). The full day course is recommended for those who love to draw for long periods of time. See "Art of Science" in Full Day Options above for more details.

## **Beginner Strength Training**

This is a strength training course for beginners with the goal to teach students how to safely strengthen and tone all the muscles in their bodies. Students will learn to focus on posture and core strength in order to lift safely. Students will also learn strength training techniques through body strength exercises that don't include weights. Participants will leave knowing how to design a strength training schedule for themselves that suits their particular physical and logistical needs and/or opportunities. Written Component: Students will create a written strength training schedule and explain why they chose the exercises and how they would like to challenge themselves.

## **Biking and Walking Adventures in Burlington!!!**

This course is designed to allow students to interact with beautiful Burlington the best way possible: on bike! We will use human power to explore Burlington's history and nature while getting in a mild workout. Course will touch on areas such as Red Rocks, the waterfront and Rock Point and allow students to see and learn about areas of their town which they may have never been to.

## **Book Club: On Earth We Are Briefly Gorgeous**

On Earth We Are Briefly Gorgeous by Ocean Vuong is a semi-autobiographical novel written in the form of a letter to his mother who can not read. Vuong, a bi-racial Vietnamese immigrant and gay man, examines violence from the American war in Vietnam, violence from within the family, queerness, the body itself, race, ecstasy, and joy. This book is rated M for mature audiences. Students will read an hour a day, write to think, and compose poetry. Students should read about this author and book and definitely opt in to this material.

## Chess Fundamentals and Variants

Learn about Chess strategies and explore a variety of chess variants [Bughouse, Speed Chess, 2-move Chess, Give-away Chess, and more]! In this course we will learn Opening strategies, study Middle Game tactics, practice Endgame positions, and then put them to use in traditional games. But we will also introduce new variants of chess that include working with a teammate, changing how pieces move, and testing your problem solving skills! Take your love of chess.com and bring it to life! Written Component: Throughout the course, students will be guided through written reflection of their response to ideas they are exposed to and the chess problems they are introduced to. Students will also be asked to write down and annotate their games and reflect on their moves.

## Coffee

In this course, students will explore everything there is to know about coffee. We will learn how it is grown, harvested, sorted, roasted and sold to consumers around the world. Students will be taste-testing coffee on a regular basis, learning the difference in where the bean is from, how elevation takes bean flavor into play, as well as visiting local coffee roasters and discussing their practices and procedures for roasting and selling coffee. Students will then keep a journal of coffees and roasting techniques, ranking them on their preferred tastes. ***There will be a student fee of \$25 to cover transportation costs.***

## Creative Writing Workshop

Are you an aspiring poet or creative writer in need of a supportive space to hone your craft? Join the Creative Writing Workshop! This half-day session is a space for new and experienced writers to brainstorm and develop creative writing pieces with the support of fellow writers. We will learn elements of craft, write creative pieces, and then share and provide feedback to help each individual grow as a writer. We will think about how writers find inspiration in the world around them and establish routines and strategies to help each of us continue in our journeys as writers.

## Drone Programming

Students will use programmable drone kits to explore the application of computer science. Students will develop problem solving skills by implementing programming code necessary to make a drone fly in a designated path. Students will explore how drones are used in various industries, and be challenged to propose new applications. Students will explain the algorithm used to program the drone in writing.

## Exploring Nature in Chittenden County

This course involves daily hikes at various local trails. We will begin our days by learning about how/what to pack for short day hikes, basic first aid, identifying local trees, plants, birds, and animal footprints, and then go out and look for signs of them. We will also go on a scavenger hunt where we will learn about vernal pools, erosion, and flora/fauna (to name a few). Students will have access to binoculars and are encouraged to take pictures of what they see to help document what they have found in their nature journals. Documentation of items will be featured in a final written presentation.



## Fashion Design - TRASHion Design!

Are you interested in Fashion Design? Do you love Project Runway? “Fashion Design - TRASHion Design” will explore the world of fashion design and recycled art through a hands-on project where students design and make their own clothing. Students will use found and recycled materials to create unique clothing designs. Sketchbooks with written and visual reflection will be used throughout the design process. Designs will be student driven and will be modeled in BHS’S 2nd Annual Fashion Show on POL Day!

## Filmmaking

Produce your own video project with Burlington’s own Media Factory (Vermont Community Access Media studio), located at 208 Flynn Ave. Students will learn to use production gear and editing software through Panasonic UX90 and basic editing workshops.

### **Fitness Unified**

This course is open to ALL BHS students. We will exercise, play games, learn new skills, build on strengths, celebrate all abilities, advocate for ourselves and our peers, make connections to the community, journal in our fitness logs, and work together to make BHS a more inclusive place for everyone.

### **Fun with Paper Mache** *(also offered in AM)*

This course is a hands-on art fabrication class. At the end of the course each student will have designed and produced a paper mache sculpture, painted in the style of Oaxacan folk art Alebrijes. No previous experience in art is necessary, just an open mind and a willingness to try. The primary focus is to enjoy the meditative quality of working with one's hands, learn about working with paper mache and having fun. Students will keep a daily written journal, where they record notes on the process, and reflect on their progress. Students will keep a journal reflecting on their process of creating their sculpture. The downtown BHS art studio in room 225 will be the location for this class.

### **Getting to Know Montreal**

In this class students will learn about the layout of the city, its neighborhoods and its architecture. And beyond the study of the physical space, students will gain an understanding of its history and will comprehend its strong connection to our state of Vermont through writing. Students will participate in a full day excursion. ***There is a \$20 fee for the cost of the trip.***

### **Give Blood, Play Rugby**

Students will learn about the evolution of the sport (both 7 vs 7 and 15 vs 15 varieties) and its worldwide societal impact. We will learn the laws of the game through video and with hands-on experience, including the fundamentals of tackling, rucking, mauling, scrums, lineouts, and running plays in the backline, finalizing with the playing of actual games by the end of the program. Students will culminate their course with a two page written assignment comparing rugby to other team sports more familiar to Americans. There will be contact with others, so bring a mouthpiece!!

### **Introduction to Photography**

This course will look at the basic techniques professionals use to up their photography game, including lighting, composition, and perspective. Students will then put those techniques to use in their photography. Students will write reflections on their favorite photographs, connecting their work to the techniques they learned in the course. No experience necessary! You will use your own phone or camera from home. *This course is also offered in the PM session.*

### **Jump Start to Summer Reading**

Do you love to read but don't have time during the school year? Does reading in a cozy cafe or by the waterfront sound like an ideal afternoon? Do you like sharing what you read with others? This is the class for you. We will spend our time reading and reviewing the books we are reading to create summer reading recommendations.

### **Latin Dance**

Come and learn about all things Latin Dance! We will explore the history of some of the most popular Latin dances... Salsa, Merengue, and Bachata! We will immerse ourselves in the music while learning how to dance. We will write journal reflections focusing on their own experiences learning how to dance. We will research, write, and create a presentation about Latin dance to be displayed during POL day. This could be a specific style of dance (salsa, merengue, bachata, cha-cha, etc), the influence of Latin music or artists, an influential person, etc.





## Leadership Summit

This course will introduce students to leadership principles that will help them in the classroom, work or with a sports team. Students will learn what it means to be a leader, different leadership styles, how to find their leadership styles, ethics, decision making, stress management, and how to serve those they lead. Students will complete various writing activities: Current events, journaling, planning, strategies, and summaries of case studies.

## Lifetime Outdoor Games

This class will introduce several outdoor games for fun with family and friends like croquet, bocce, bag toss, horse shoes, waffle ball, flag football, and the like. No need to be particularly athletic to learn and play these sometimes competitive but mostly fun outdoor games. We will initially spend some time in the classroom exploring/explaining the origins of each game before actually playing.



## Make-up Artistry

Are you interested in a career as a makeup artist? If so, come learn how to build your own business and become a freelance MUA. In this YES course we will learn how to build our own skin inclusive kit and techniques of application. We will be studying and applying makeup on models for the following makeup applications: Wedding/glam, Runway/editorial, Natural/mature skin, Drag/impersonator, and Theatrical/FX/horror. After each daily application you will photograph your work of art under a ring light and build a stunning portfolio. Students will learn how to interview clients, maintain proper hygiene standards, and write contracts of service for clients. Come get creative and gain independence in a booming trade.

## Making Movies

Lights! Camera! Action! Movie Making 101! This course is designed to invite students into the world of movie making. Students will explore programs such as WeVideo and Adobe Spark to create cinematic pieces that reflect elements of movie making. The elements discussed in the course will include storyboarding, animation, stop-motion, green screen use, sound and special effects, lighting, camera work, and transitions. Students will capture video with iPhones and iPads and manipulate those videos into well-wrought short features. Professional cameras and equipment from the Media Factory will also be available for use. The course will provide for the creation of several examples of movie making techniques and culminate in a final student piece of their choice.



## Poker: Skill not Chance

Can you tell if someone is lying to you by their body language? Students in this course will learn various ways to apply strategic thinking and problem solving and track their observations and progress in a daily journal. They will also learn how to take these new strategic properties and apply them to different social settings, i.e. being able to read people better.



## Pursuit of Happiness

A recent study asked millennials what they needed to live a happy life. 80% of those who responded said wealth. 50% said fame. Interestingly enough, however, there is no correlation between happiness and either of these things. Not surprisingly, there doesn't appear to be a correlation between Instagram likes or Snap streaks and happiness either. So what makes us happy? And why don't we spend more time figuring that out? This half day YES course does just that. Inspired by Gretchen Rubin's book, *The Happiness Project*, this course will explore a number of topics related to human happiness, asking, "How can I live my happiest life?" We will look at the role that

mindset, food, exercise, hobbies, social networks, family, technology, the arts, work, and religion play in our happiness and what we can do to maximize our lives toward that end. Students will keep daily journals to set objectives and track progress and to reflect on course experiences.

## **Running for Health and Fitness**

Be outside! Be active! Enjoy the waterfront with friends! “Running for Health and Fitness” is an outdoor YES course with something for everyone. New runners will appreciate our low-stress “run-walk” format, while more experienced runners will benefit from our structured training program, which could include longer runs and speed-specific workouts. Regardless of a runner’s level of experience, all students will have the opportunity to learn about nutrition, the health-benefits of running, and the elements of a sustainable training plan. Former “Running” participants remarked that they liked the “go at your own pace” format and the fun games used for warming-up and cooling-down; and students always enjoy the “bake your own energy bars activity”, too. So if you think running along Lake Champlain this spring with friends sounds good, then sign-up for “Running for Health and Fitness.” Written Component: Training plans; POL stations; Journal Reflections.

## **The Simpsons and Society**

The Simpsons is the longest running animated series on television. Nearly everyone in America is familiar with the characters featured in this popular series. Why, however, has this series become iconic in our society? Are the characters Matt Groenig has created believable ones? Are they “stock characters” based on literary archetypes, satirical responses to the flaws in society or are they just creations whose sole purpose is to amuse and entertain television audiences? Students will be required to keep a journal recording their analysis and/or personal observations of the episodes being viewed and discussed during each class.

## **Skatepark**

Calling all skaters, rollerbladers, BMXers and scooter enthusiasts to meet us at the skatepark on beautiful Lake Champlain. If you are lucky enough to be selected, you to spend time making connections with new friends while improving your skatepark skills. We will identify different developmental practices to establish and improve fundamentals. Students will be instructed in skatepark etiquette, participate with local community partners for outdoor clean ups, and learn about modern approaches to community design that include spaces like skateparks. Students must be able to handle hours of physical activity, everyday, and ride for extended periods. Safety will be paramount and students must provide their own helmet, elbow, wrist, and knee protection - even if you do not typically wear this gear. We request that you bring your own scooter, blades, bike or board to participate, though local sourcing may be a possibility (contact instructor). Accompanying all this time outside, there will be a required writing component that will include daily journals and reflection about your growth. When the weather is bad, we will study professionals by watching videos for inspiration at DtBHS. We hope you will join us for this very unique half day course.



## **Sustainable Energy Infrastructure**

Students will look at the energy systems that make Burlington a leader in sustainable energy infrastructure and what made Burlington the first All-Renewable Energy City in the US. Students will discover what makes Burlington unique, and visit the McNeill Power Generator as well as the Winooski One Hydroelectric Dam. Students will also look at other examples of sustainable energy systems from around the world, and consider the functionality in their communities. The class will run an experiment on making their own wind-turbines and solar fields, and use them to power model

homes that they wired. Students will keep a log, sketching their models and keeping track of the effectiveness through data.

## **Taskmaster**

The Taskmaster is a mysterious individual that challenges the wit and wisdom of high school students who dare to put their reputations on the line. The first portion of this class will be to analyze and study tasks and to watch and judge the celebrities who attempt them. The second portion of the class is where The Taskmaster will set up unique and ridiculous tasks for all who join the class, in and around the town of Burlington, and to be judged by a variety of criteria and compete for the ultimate goal: Champion of Taskmaster. Several can play, but only one will win. Creativity, analytical thinking, collaboration, and sportsmanship are all traits of great players. Blogging your daily experiences is a must (Google Forms, super fun).

### **That's Trash! Green Up BHS**

Where does all the trash go? Clean up and green up our community! Walk around our city and DtBHS and pick up trash, recycling, and litter to dispose of properly. Take pride in our campus and district. Visit waste disposal facilities in Burlington and learn about how our city manages trash and recycling. Explore projects that will help DtBHS improve our recycling efforts. Keep journals, create anti-waste campaigns for BHS and BTV and write letters to encourage Burlington School District to adopt compostable dishes and cutlery. How can BHS be a greener school? Be anti-litter, help green up our city and improve knowledge around waste disposal in our community.

### **Wilderness & Remote First Aid**

Accidents happen. People get hurt, sick, or lost. The temperature drops, the wind picks up, and it starts to rain. Would you know what to do? Many backcountry emergencies are preventable, and even when bad things happen, sometimes the wrong care can make things worse. By learning a few basic skills, you can make the difference between a good outcome and a bad one-and maybe even save a life. Students will take active notes, maintain a journal of daily exercises and concepts. Students will also learn and practice the recording of a SOAP Note. This course is heavy with medical terminology. Students must pass a written and practical exams for certification. Students need to be 16 or older to take this class. ***There is a \$70 fee for this class.***



### **World of Heroes**

The Marvel Cinematic Universe, one of the greatest cinematic creations of all-time, is more than “just superhero movies.” Their realistic and relatable characters, as well as story plots that highlight real-world issues, provide much to explore. In this course we will watch and analyze pivotal movies in the MCU, write movie reviews/reflections, and participate in class discussions and healthy debate! You will even get a chance to create your own comic book hero! Come join us and learn how you can be a hero in your own world.

# Afternoon (Half-Day) Course Offerings

## **Art of Science**

Students will use drawing and painting to explore the natural world. Different mediums and techniques will be taught and explored by observing natural materials such as rocks, plant and animal specimens, landscapes, and portraits. While being a skilled artist is not required, a desire to create art is. Students write reflections for their work. The half-day course is recommended for those with little or no art experience. *Full Day Option:* This course is offered in both full and half-day options (both AM & PM).

## **Beating the House... or Not**

Students will learn the math behind Roulette, Blackjack, Craps, Three-Card Poker, Caribbean Stud, lotteries, Sports-book betting, horse racing, etc. called the house edge, using various probability techniques. Randomness, single and multiple events, drawing with and without replacement, factorials and combinations are all topics covered, so some curiosity in math and success in Algebra is required. We will play all of these games and see first hand that the games are meant to have the player lose.

## **Book Love: Reading for Fun**

Put down your phone and pick up a book! Read by the waterfront when it's sunny; in a library when it's not. Visit and learn about what Burlington's libraries have to offer and enjoy reading for fun! Keep a reading journal and create presentations for a gallery walk to share and recommend what you have read.

## **Diamond Art**

Diamond Art is a new art form that is basically a mix between paint by numbers and cross stitch. You will apply thousands of tiny sparkling "diamonds" to a sticky canvas to create your own shimmering Diamond Art masterpiece. No experience needed!



## **Dragon Boat**

The goal of this course is to introduce high school students to the fastest growing water sport in the world, Dragon Boating. Students will learn about the Dragonheart Vermont (DHVT) organization and how it has grown from a single breast cancer survivor team into the 200+ members and 8 competitive teams that comprise the organization today. Students will also learn about the sport itself, and understand the technical elements of the sport. We will go over basic body mechanics and teach students how to prepare their bodies and minds for this sport. This will help students

translate this to any sport they currently play or many other aspects of life as they mature. This course requires students to be on water.

## **Escape BHS!**

If you like puzzles, playing games, and being creative - this class is for you!

In this course we will:

- Create a puzzle-filled escape room for friends using logic and creative writing.
- Participate in an outdoor scavenger hunt/escape room prepared by *EscapeTrails* (a local business).
- Take a field trip to *Enigma VT* in Stowe to learn about cryptology, espionage, logic, communication, and teamwork in a hands-on way.





## Exploring Vermont's Religion

Have you ever wanted to see the inside of a synagogue? Or a mosque during Friday prayer? Or learn the difference between a Greek Orthodox Church and an Episcopalian Church? Or visit the church that Church Street is named for? In this course, each day we'll visit a religious site in and around Burlington, from temples to mosques to synagogues to churches. We'll ask what makes each religion powerful and unique, as well as look for the things that connect and are similar from religion to religion. We will write in our journals each day reflecting on our experiences, and asking questions to further our inquiry into religions in Vermont.



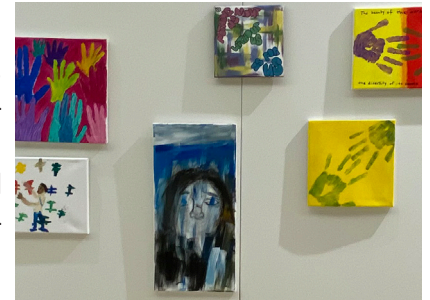
### Fun with Paper Mache *(also offered in AM)*

This course is a hands-on art fabrication class. At the end of the course each student will have designed and produced a paper mache sculpture, painted in the style of Oaxacan folk art Alebrijes. No previous experience in art is necessary, just an open mind and a willingness to try. The primary focus is to enjoy the meditative quality of working with one's hands, learn about working with paper mache and having fun. Students will keep a daily written journal, where they record notes on the process, and reflect on their progress. Students will keep a journal reflecting on their process

of creating their sculpture. The downtown BHS art studio in room 225 will be the location for this class.

## Inclusive Art Project

In this course students will create art pieces representing the BHS community. Themes such as diversity, inclusion, social justice, marginalized populations, empathy and acceptance will be explored in the development of this piece. Students will work individually and collaboratively to create a variety of art that will be shared with the BHS community. Participants will write reflections on the process of creating art and describe what they created.



## Introduction to CrossFit

This course will introduce you to Crossfit. Students will learn about the history, foundational movements, nutrition, workout structure, data driven results, and workout. Written Component: Workout design, reflections, and SMART goal setting.



## Introduction to Photography

This course will look at the basic techniques professionals use to up their photography game, including lighting, composition, and perspective. Students will then put those techniques to use in their photography. Students will write reflections on their favorite photographs, connecting their work to the techniques they learned in the course. No experience necessary! You will use your own phone or camera from home. *This course is also offered in the AM session.*

## Knitting

Want to learn how to make useful and artistic gifts with your own two hands? Then knitting is for you! Anyone can learn to knit but knitters are also welcome. We will visit a local yarn store to pick out yarn and then knit a gift for the community - all over town. Students will learn to knit or further develop their knitting skills while making needed gifts for the community. We will be making items for the Humane Society, small stuffed animals for children in crisis, hats and scarves for the homeless and baby items.

### **Lawn Game Cup**

Welcome to the Lawn Game Cup. Here you will learn the history of lawn games, as well as the rules and strategies to competitively play these fun games. Then in teams you will compete against each other in an olympic style format to determine the winners of the Cup. Students will do daily written reflections to show improvements, accomplishments, etc. Students will share how they have improved their skills and how teamwork helps them grow. Think you have what it takes to win the 1st inaugural Lawn Game Cup, sign-up to find out! Lawn games will consist of Spikeball, Cornhole, KanJam, Ping Pong, Ladderball, and more!

### **Michael Jordan Film Study**

Filmed during the last season of the Chicago Bulls dynasty, *The Last Dance*, directed by Jason Hehir, documents the highs and lows of Michael Jordan's dominant team. Through prompts, writing and classroom discussions, students will deepen their understanding about principles of team cohesion, leadership styles, principles of performance psychology (grit, mental toughness, focus...), goal setting, dynasty creation, and sport archetypes.

### **Music in *The Lord of the Rings***

In this course, we will explore the music based themes, motifs, and idioms from the Lord of The Rings Universe. Students will learn music terminology and be able to identify and place themes ranging from the Hobbits all the way to Smeagol. We will also discuss and write about compare and contrast the music history involved with these terminologies, where they originated from, and compare and contrast the ideas expressed by a wide range of composers who used the same techniques.

### **Nature Writing**

Nature Writing focuses on both reading and writing about the natural landscape. We will examine the way that authors have experienced and interpreted the natural world since the mid-1800s. We will be looking at the writing tradition begun by the Transcendentalists in 19th century New England, reading excerpts of their work as well as other authors' works up to the present day. Attention will be paid to the evolution of the genre, noting how what began as a celebration of the environment has become increasingly alarmist in the era of less predictable weather events as humans try to come to terms with climate change and its accompanying environmental devastation. We will spend much of our time reading, writing, and discussing, and students should be prepared to go outside and explore rain or shine.



### **Paper Crafting: It's All Possible**

Do you have some paper folding skills you'd like to share with others? Or, are you new to paper crafts and looking to try a new hobby with friends willing to teach you? If so, join us for a relaxing, productive, and entertaining afternoon of paper crafts. No matter your current skill level, we will all improve our understanding and appreciation for this exciting and rewarding pastime. We'll explore the history and evolution of traditional paper folding. As interests and needs develop, students will be encouraged to expand their folding skills with other materials such as dollar bills,

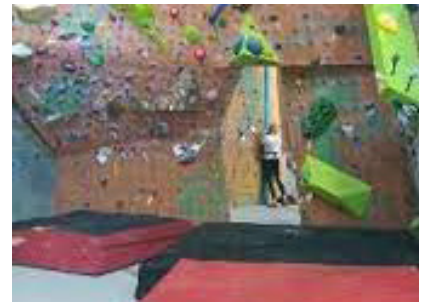
wall paper or duct tape. Decoupage, quilling, card making, scrapbooking or jewelry making... any personal goal is possible. If you have a curious mind and desire a relaxing place to grow your skills while making simple (or not so simple) masterpieces, an afternoon of Paper Crafting may be a good fit for you. Written Component: Each student (as a team or individual) will be encouraged to create and present one 'how to' instructional tutorial.

### **Preparing for an Athletic Future**

This class is meant to introduce students to the process of becoming a college athlete. Many students have not been taught the recruiting process, the expectations of being a college athlete, or even grasp their own reality. The students will be expected to write personalized introduction letters to prospective schools. They will also interact with coaches over email during the class. In addition to navigating the formal process of interacting with collegiate athletic programs, students will learn about the physical demands and effects it has on the body. Students will spend time learning various exercises and lifts that will improve overall strength and ability. In addition students will look at college athletic training programs and how to balance the program demands in their lives.

## Rock Climbing

This is one of those rare and amazing school based opportunities that come along in life. If you are lucky enough to be selected, this course will allow you to spend time bouldering, gym climbing, developing relationships and enjoying adventures in nature with your peers. More specifically, this climbing course will identify different developmental practices to establish and improve fundamental climbing skills; including the gear required for each type of climbing, how to tie a knot, how to assess a climb, how to get gear set up, how to spot or belay for others, and, finally, how to understand climbing commands. After all that, we will spend time each day putting these practiced skills to use. In addition to the physical demands, students will be instructed in the full exploration of climbing etiquette, participate in outdoor clean ups, and learn about modern approaches to stewardship of our lands. Students considering taking this course must be physically active, able to handle hours of conditioning everyday and climb for extended periods in adverse weather conditions (if we go outside). This half day course will be physically demanding and tons of fun. Hope to see you all out there! Writing Piece: Daily journals will have students research and write about the aspects of climbing and conditioning, including a reflection about the growth in ability and understanding of the fundamentals of climbing. ***There will be a fee for this class to be determined later.***



## Sailing and Leadership

Adventurous? Enjoy water? Want to try some new leadership skills? This course may be for you! Students will walk each day to the Community Sailing Center where they will learn the basics of sailing while putting new leadership skills into action. No prior experience is necessary. Come see what Burlington looks like from the lake. Students are expected to take a written test at the end of the course to earn certification. When students pass, they are able to rent boats at the sailing center. **Student Fee: \$60** Writing Component: Students will journal about their experiences both on the water and leading a team. In addition, throughout the course students engage in writing tasks to help demonstrate their knowledge of a boat, points of sail and additional variables of sailing.

## Short-Story and Poetry Composition

Are you an aspiring writer? Do you love to write poetry or short stories and love a space to learn how to hone your craft? This Creative Writing course will focus on expressive, narrative writing in both poetry and prose. Students will have the opportunity to explore several different types of poetry and prose styles, as well as responding to and analyzing literature and poetry by classic and modern authors. Students will build on elements and craft of creative writing including vivid description, sensory language, figurative language, diction, and grammar. Peer reviews and sharing ideas will also be essential elements to this course.

## Smellable Art: Making Natural Perfumes and Colognes

Have you ever wondered how perfumes and colognes are made? In this course, you will learn about the art and science of creating natural fragrances. Each student will receive a set of essential oils to work with, and will produce and bottle a unique fragrance by the end of the course. To create a successful fragrance, you will first study the types of materials used in natural perfumery, how natural perfumery differs from commercial perfumery, and learn to smell like a perfumer. Once you become familiar with the basic scents, you will learn how to blend them into a well-constructed perfume. Course requirements include keeping careful notes in your journal and making detailed observations about scents and blends, passing a smell identification test, constructing a perfume using the principles of perfume composition, and creating an attractive display about the components of your perfume and the inspiration for your scent. **Health note:** This course requires participants to smell essential oils for more than an hour daily. It may not be an appropriate choice for students with asthma, allergies to any essential oils used, or strong sensitivity to odors. Please make sure your participation would not be limited by health concerns if you elect to sign up for this course. If you have questions, please contact the instructor.





### **So you Want to be a Snowboard Designer?**

Do you like graphic design and art? Are you into snowboarding? If so, this is the course for you! We will be working with a graphic designer from Burton to learn about the process of making graphics and illustrations for snowboards. YOU will get to make YOUR OWN graphics, and learn about the process of applying them to snowboards. You will experience the design process and reflect on your and your peers' ideas through writing and discussion. We will take trips to Burton to see how all the magic happens!

### **Stephen King on Page and Screen**

Stephen King is perhaps the most recognizable name in popular fiction today; he has sold more books than any other living writer, his books have been made into numerous films, and the only time one of his novels went out of print is when he insisted that *Rage* be taken out of circulation (we'll discuss why). This course students will keep a journal recording their analysis and/or personal observations of King's short story collection *Night Shift* as well as the short story *Rita Hayworth* and the *Shawshank Redemption* (and their Hollywood interpretations) in an attempt to answer the following questions: What is the appeal of the horror genre? What is the relationship between the written text and its film representations? Is there a relationship between popular fiction and sociocultural anxieties?

### **Swimming! For Safety & Fitness**

Do you want to learn to swim? Do you want to feel safer around pools, lakes and rivers? Do you want to improve your technique and fitness so you don't get tired when you go in the water? If so, join us for "Swimming! For Safety & Fitness." This YES course is suited for the complete newcomer and expert swimmer alike. The course goals are to introduce new swimmers to a variety of strokes and to improve the technique of advanced swimmers. This course makes use of the YMCA in Burlington, where we will practice in both the lap pool and in the deeper pool. Swimmers will get a chance to track their development over time, as we will practice swimming a safe distance from 50 to 200 meters. Writing components include: creating a training plan, keeping a swim journal; P.O.L.

### **Tennis**

This course focuses on wellness and communication - playing tennis, getting exercise, and socializing with friends. Students of all abilities are welcome. Weather permitting we will play outdoors, focusing on hand-eye coordination, collaboration, resilience, and critical thinking. Students will write goals and reflect on their progress daily.

### **The Art of Cursive and Brush Lettering**

In this course we will be exploring the art of cursive and brush lettering. We we learn how both writing styles originated and will have many opportunities to practice and learn. We will write journal reflections focusing on their our experiences learning to write in cursive/brush lettering. We will also create a final project that includes cursive and brush lettering to be displayed during POL Day.



### **The French-Speaking World through Movies**

Students will broaden their understanding of the French-speaking world through the viewing of films from Europe, Africa and North America. Students will discuss and reflect on the different cultural practices presented in the movies. No prior knowledge of the French language is required as subtitles are available for each movie. Different genres of movies will be shown. Students will enjoy a wide range of films from mysteries to musicals to comedies and dramas.

### **The Game is Afoot: The Enduring Popularity of the World's Most Famous Detective Sherlock Holmes**

Students will learn about Sir Arthur Conan Doyle and his inspiration for Sherlock Holmes. How this fictional detective, the first crime-scene investigator, had an impact on criminal investigation and forensic techniques. What it was like to live in Victorian England, the time period of the Sherlock Holmes' stories, how the character of Sherlock Holmes has been adapted and modernized and why his popularity endures. Students will collaborate to write their own mystery which includes elements from Sherlock Holmes to present at POL Day.



## **The Land of Czars: Russian Language and Culture**

Join an adventure across the ocean and time to visit the land of Czars and learn the foundations of the Russian language and culture. We will learn Russian: from greetings to “survival/basic” Russian. We will explore the past and present of Russian culture: food, arts, sports, music, literature, traditions, history, and people. We will take a virtual tour of Tzar’s Winter Palace/Hermitage Museum in St. Petersburg, listen to music, watch ballet performances, enjoy parts from Russian movies and cartoons, play games, hike around the deepest lake in the world - Lake Baikal (note: due to the factors outside of our control, we will hike around Champlain valley), and write about all of it in our journals. Students will be introduced to the richness of Russian culture and language. We will communicate in basic Russian, discuss our own perspectives about Russia and its culture, and compare and analyze the differences and similarities between America and Russia.

## **When Studio Ghibli and The Avatar Series Colliade!**



Do you like films from Studio Ghibli? Movies such as *Spirited Away*, *The Cat Returns*, *Kiki's Delivery Service*, *Tales of Earthsea*, *Ponyo*, and *Howl's Moving Castle*? Do you also like the hit TV Series *Avatar The Last Airbender* and *Avatar the Legend of Korra*? This class will dive into Studio Ghibli films and talk about the issues in each of them, how they have a greater meaning, and the differences between American anime vs Japanese anime. Along with that students will see the influence of studio Ghibli in the *Avatar* Series. Students will be writing in daily journals on the reflection of the class discussions and of the movies and or episodes we have watched in class. Students will also be creating a final project of their choosing and regardless of the project there must be between a 2 paragraph and 1 page explanation of what this represents to them and why they chose this, along with being able to verbally describe it.

## **Women in Leadership**

This course is for women who aspire to lead. It is a course about how to position yourself to be heard in a man's world. We will examine the tension between social norms and expectations with practical strategies for success in the classroom and workplace. Written Component: Each day will end with personal reflection that may evolve into memoirs.

## **You Can Get There by Bike: Bicycle Maintenance & Adventure**

Would you like to get around in a way that's fast, efficient, (super-stylish), and good for you and the planet? There's no better way than bicycling! Maybe you already know this, or you're newly interested in getting on two wheels. Collaborating with local bike shops and their expert mechanics, we will learn all the basics of bike maintenance, so you can confidently go wherever your wheels can take you! We'll give you the tools - literally and figuratively - to be an unstoppable force of motion, whether you're biking for fun, fitness, or to get from A to B. Fixing a flat? Replacing a chain? Tightening your brakes? Customizing your ride? We've got it covered. Of course, we won't just be maintaining our bikes - we'll ride, exploring some of the amazing local adventures a bike can bring you! Finally, we'll learn more from local advocates about not only how bikes make our community better, but also how we can make our community better for bikes. Throughout the course, students will be guided through written reflection and responses to various themes introduced. Students will respond to presentations from local partners, design questions to ask each other and their communities about how to enact change, and reflect on their own hopes and imaginative thinking about our future and the future of cycling. Students will also keep a log of what they learned about bike maintenance to refer back to in their future pursuits.

# Year End Studies (YES) Session Registration Planning Sheet

This sheet is designed to assist you in preparing to register for the 2023 YES Session.

**WHO** needs to register for YES Session? All BHS students grades 9-12

**HOW** do you register? Registration will be done through an online form found on the BHS homepage and emailed to your school account.

**WHERE** can you register? Any computer with Internet access will allow you the ability to register.

**WHEN** do you register? Anytime during the week of January 23rd. This is not a first come, first serve process.

**WHAT** will you need other than your course choices?

- school e-mail address

- advisor's name

NOTES:

## FULL DAY COURSE CHOICES

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

## MORNING COURSE CHOICES

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

## AFTERNOON COURSE CHOICES

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

# Frequently Asked Questions

## **Who is teaching my course?**

We intentionally do not say this so that students will choose something they are interested in.

## **Is there seniority (is priority given to older students)?**

No. The YES program hopes to foster community by ensuring there are students from each grade level in a course.

## **Can I take the same course multiple times?**

No. Just like you can't take a regular class multiple times for credit, you can't repeat YES courses.

## **Will I get my first choice?**

Hopefully. We try to give everyone their first choice. So far, everyone that has participated in YES has been placed in one of their top 5 choices.

## **Should I just pick the same class 5 times?**

No. If you don't get that class, you will have to wait until everyone else has been placed to choose.

## **Can I resubmit my YES registration form?**

Yes. We go by the most recent submission (as long as it is turned in before we create the schedule).

## **What if I can't afford a course fee?**

There are scholarships available for most courses.

## **What if I don't like my class? Can I change courses after YES has started?**

No. There is not an add/drop period.

## **What if I'm in BTC?**

You will attend your BTC class as regularly scheduled AND participate in one YES course. Example: BTC in morning, YES in afternoon.

## **What about sports?**

If you choose an off-campus course, you must arrange your own transportation back to school when an early dismissal is required. **VARSITY ATHLETES:** Please be aware that participation in a course with overnights could impact your playoff season.

## **What happens if I miss some or all of YES?**

YES is a requirement for graduation. You get 1/4 credit per year. If you have more than 1 unexcused absence, you fail (seniors will not be eligible to attend graduation or receive their diploma). The YES Committee will consider reasons for being absent on a case-by-case basis. You will need to meet with the principal and YES Coordinator to create a plan to recover credit.

## **What are the requirements for passing my YES course?**

YES is Pass/Fail on participation (no homework). You also need to attend the "Presentation of Learning" day.

## **How can BHS offer such an amazing program?**

It's through the vision of great administrators and the hard work of your teachers. It's really quite extraordinary.

## **What if my question isn't on this list?**

Email: [yes@bsdvt.org](mailto:yes@bsdvt.org)