Burlington High School 9th and 10th Grade Information Night

January 23rd, 2023 Choir Room

> Presented by BHS Counseling Jen Richter & Tony Settel





BHS School Counselors





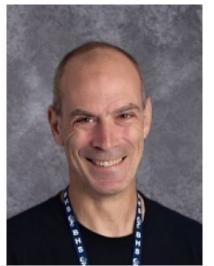
Lise Bruder A-E



Jen Richter M-S



Karen Prouty F-L



Tony Settel
T - Z
EL students

Amy Mellencamp, Interim Principal



Kate Paxton, Assistant Principal of Student Supports



Tonight's Agenda



- Welcome and Overview
- Graduation requirements
- Course request process
- Dual Enrollment
- Exploring interests and careers
 - Naviance
 - Summer Opportunities
 - School year opportunities
- Burlington City & Lake, BTC, CTE programs
- Looking Ahead

Overview



- This presentation is about exploring interests and connecting with your community.
- 9th and 10th grade years are focused on building strengths across the curriculum, and completing core graduation requirements.
- 11th and 12th grade years are for exploring your personal interests more deeply, more flexibility in your scheduling, and taking the risk to try new things.
- Career exploration trying out new things and deciding what you want to keep exploring and what you don't want to do.

BHS Graduation Requirements



24 Credits Required for Graduation

English Social Studies	4 credits
	3 credits
Mathematics	3 credits
Science	3 credits
World Language	2 credits
Fine Arts	1 credit
Physical Education Health	1.5 credits
	0.5 credit
Electives	6.0 credits

Plus:

• Year End Studies – 1.0 credit (0.25 credit/year) Community Service – 40 hours (10

hrs/year) Personal Learning Plan (PLP)

Personal Learning Plans ("PLP")

VT State graduation requirement

Portfolio of work that meets BHS's graduation expectations ("GX's"):

- Critical thinking and problem solving
- Cross-cultural understand and civic engagement
- 3. Effective communication
- 4. Problem solving
- 5. Curiosity and creativity

Opportunities, both in and out of class, to contribute to this plan.

Grading

GPA = Grade Point Average: Average of all classes taken during high school

Cumulative GPA per year is calculated at the end of each school year, and then averaged with each year of high school

GPA calculated at the end of Junior year is sent to colleges – meaning the average of your 9th, 10th and 11th grade years

Course Request Process



Mid-February

9th and 10th graders will request courses with advisors and counselors

Mid-August

Students will receive schedules

September

School will start with an Add/Drop period to make final schedule changes.

Dual Enrollment

Dual Enrollment

Every rising junior and senior has access to TWO free college classes.

- Participating colleges; UVM, CCV,
 VTC, Landmark, Champlain College, &
 Saint Michael's College
- Students receive 1 high school credit and 3 or 4 college credits for successful completion (transferable)
- See what college campus feels like, learn professor's expectations and get a head start on your college degree!
- Summer registration opens in mid-February.

Contact Kate Stein at kstein@bsdvt.org

So many interests and career choices...



What is the average number of jobs a person has in their life?

How do you figure out first or next steps?

- reflect on your experiences
- learn about yourself using Naviance's Career Interest
 Profiler and Strengths Explorer
- Daydream and explore ideas on the web.
- Job shadow / informational meeting





1.) Explore careers

- a.) Interest surveys (Career Cluster Finder, Strengths Explorer, Career Interest Profiler,)
- b.) Career database, explore career clusters and pathways

2.) Explore colleges

- a.) Find colleges that will be a good fit for you (Supermatch).
- b.) Start to create a college list.

Community Service, Internship & Job Shadow



Community Service:

- 40 Hour Graduation Requirement (10 hrs per year)
- Students encouraged to seek out opportunities and non-profits that could help them pursue or explore new interests

Internships & Job Shadows:

- Opportunity to learn about yourself, explore possible career interests, majors,
- Great opportunities over breaks, summer, etc

This summer - Go explore!



- Shadowing
- Summer jobs
- Community Service need 40 hours!
- Internships
- Governor's Institute of Vermont GIV.org 3/31 application deadline
- Intro to College and Career at CCV
- Dual Enrollment at CCV, UVM, St. Michael's, Champlain
- UVM Summer Academy



Take appropriate risks and try new things!





- Try a new sport or join a new club.
- Take a course in something you haven't explored yet.
- Consider a different way of learning
 - Technical Centers
 - o Dual Enrollment
 - Early College senior year
 - Burlington City and Lake semester
- Each of these will allow you to learn more about yourself!



Making Change





Program Basics



BHS courses – 0.5 English, 0.5 Social
 Studies, 1.0 Electives credit

Blue Days - all day in the city (9:00 am - 3:00 pm)

 Old North End Community Center - 3 blocks from DtBHS



Deep Learning





City as Classroom





Real World Issues





Real World Issues





Experience





Community Partnerships





Art & Community

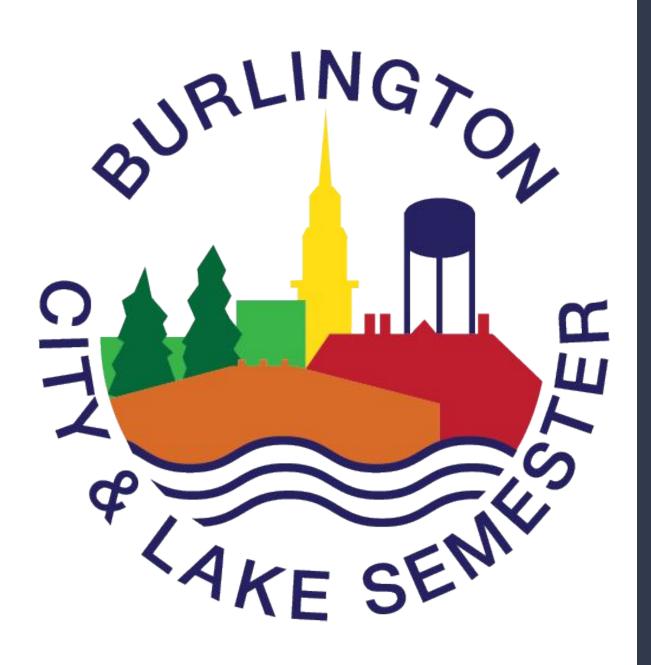




Fun, Joy & Belonging







 Consider BCL for your Junior or Senior year!

Talk with your school Counselor

 Application is open at btvcityandlake.org

Technical Programs: BTC and CTE

BTC is a half day program; students take ½ day of classes at BHS

CTE is a full-day program,; students take all their classes at CTE

- Immersive, hands-on study
- Learn with instructors who are experts in their field
- Gain academic and technical knowledge
- State-of-the-art labs and classrooms
- Experiential learning opportunities
- Real-life work experiences

Burlington Technical Center (BTC)

Center for Technology at Essex (CTE)



- Advanced Manufacturing, Innovation & Design
- Auto Body Repair
- Auto Tech
- Aviation & Aerospace Tech
- Design & Illustration
- Digital Media Lab
- Educational Training & Leadership
- Health Science Academy
- Introduction to Healthcare
- Homeland Security & Criminal Justice

- Building Technology
- Automotive Technology
- Childhood Education & Human Services
- Computer Animation and Web Design
- Computer Systems Technology
- Cosmetology
- Dental Assisting
- Design & Creative Media
- Engineering and Architectural Design
- Health Informatics
- Natural Resources

Imagine yourself at Burlington Technical Center



BTC provides students with the opportunity to explore careers and acquire skills in comprehensive technical programs of study.

Who can come to BTC?

BTC is for any student in our region in 10th-12th grade. If you are ready for a meaningful, hands-on and challenging education, come learn with us.



Schedule

Half-day programs, so you can attend classes at both BTC and at your sending school

Morning (for first year students): 9:35-11:47 AM

Afternoon (for second year students): 12:09-2:21 PM

- Advanced
 Manufacturing,
 Innovation & Design
- Auto Body Repair
- Auto Tech
- Aviation & Aerospace Tech
- Design & Illustration
- Digital Media Lab
- Educational Training & Leadership
- Health Science Academy
- Introduction to Healthcare
- Homeland Security & Criminal Justice

Interested in applying?

BHS Visit Day is Friday, Feb 3rd Evening Information Sessions:

- Tuesday, Feb 21
- Wednesday, Feb 22
- Thursday, Feb 23

Apply soon! Applications are due no later than Friday, March 10th

Talk to your school counselor!

Looking Ahead



- It's okay to not know what you want to do or be!
- Work, Military, Apprenticeship, Further Schooling?
- College Planning Process meet with your counselor
- Demonstrated commitment to something: community service, sports, work, extra coursework, clubs, or just about anything else.
- What is the evidence of you being you at your very best?

Things to think about and remember



- Breathe, be curious, explore. Life is filled with possibilities.
- Talk with people you respect how did they find their way to their current occupation? Was it a straight or wandering path?
- Go on some in-person or virtual college visits.
- Use Naviance to explore a career, find out what it pays, find colleges or programs that provide the requisite training.



Q&A

Thank You!



Please email us at BHScounseling@bsdvt.org, or call us at 802-864-8411

Ducky Jones, Counseling Administrative Assistant (djones@bsdvt.org)

Lise Bruder, School Counselor, (lbruder@bsdvt.org)

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